

1 **The Impacts of Congestion on Time-definitive Urban Freight Distribution**
2 **Networks CO₂ Emission Levels: results from a case study in Portland,**
3 **Oregon**

4
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11 **Abstract**

12 Increased congestion during peak morning and afternoon periods in urban areas is increasing
13 logistics costs. In addition, environmental, social, and political pressures to limit the impacts
14 associated with CO₂ emissions are mounting rapidly. A key challenge for transportation
15 agencies and businesses is to improve the efficiency of urban freight and commercial vehicle
16 movements while ensuring environmental quality, livable communities, and economic growth.
17 However, research and policy efforts to analyze and quantify the impacts of congestion and
18 freight public policies on CO₂ emissions are hindered by the complexities of vehicle routing
19 problems with time-dependent travel times and the lack of network-wide congestion data.
20 This research focuses on the analysis of CO₂ emissions for different levels of congestion and
21 time-definitive customer demands. Travel time data from an extensive archive of freeway
22 sensors, time-dependent vehicle routing algorithms, and problems-instances with different
23 types of binding constraints are used to analyze the impacts of congestion on commercial
24 vehicle emissions. Results from the case study indicate that the impacts of congestion or
25 speed limits on commercial vehicle emissions are significant. Furthermore, the impact of
26 congestion on emissions is significantly higher for suburban depots which may have
27 important implications in terms of freight and commercial land use planning. Public agencies
28 should carefully study the implications of policies that limit or increase travel speeds as they
29 may have unintended negative consequences in terms of CO₂ emissions.

30 **KEYWORDS:** Vehicle routing, time dependent travel time, CO₂ emissions, urban congestion.

31

1 *1. Introduction*

2 Urban freight is responsible for a large share, or in some cities the largest share, of unhealthy
3 air pollution in terms of sulphur oxide, particulate matter, and nitrogen oxides in urban areas
4 such as London, Prague, and Tokyo (OECD, 2003, Crainic et al., 2009). The fast rate of
5 commercial vehicle activity growth over recent years and the higher impact of commercial
6 vehicles (when compared to passenger vehicles) are increasing preexisting concerns over their
7 cumulative effect in urban areas. In particular, environmental, social, and political pressures
8 to limit the impacts associated with carbon dioxide (CO₂) emissions and fossil fuel
9 dependence are mounting rapidly.

10 A key challenge for transportation agencies is to improve the efficiency of urban freight and
11 commercial vehicle movements while ensuring environmental quality, livable communities,
12 and economic growth. Research in the area of city logistics has long recognized the need for a
13 balanced approach to reduce shippers' and carriers' logistics cost as well as community's
14 traffic congestion and environmental problems (Taniguchi et al., 2003, Crainic et al., 2004).

15 Although past and current research efforts into vehicle routing algorithms and scheduling are
16 extensive (Cordeau et al., 2006) most research efforts have ignored freight-related
17 environmental and social externalities. Furthermore, the body of research devoted to
18 investigating the impacts of congestion on urban commercial vehicle operations and time-
19 dependent travel times is relatively scant. In the existing literature, there are no published
20 congestion case studies involving CO₂ emission levels, time-dependent vehicle routing
21 problems, and a diverse set of customer constraints.

22 This research focuses on the analysis of CO₂ emissions for different levels of time-definitive
23 customer demands using congestion data from an extensive archive of freeway and arterial
24 streets and a time-dependent vehicle routing (TDVRP) solution method to design commercial
25 vehicle routes. To the best of the author's knowledge, there is no published research on the
26 impacts of congestion, land use, and travel speeds on CO₂ emissions for commercial vehicle
27 routing in networks with time-dependent travel speeds, hard time windows, and real-world
28 time/distance data.

29 This research is organized as follows: Section 2 provides the necessary background and a
30 literature review. Section 3 presents the mathematical formulation of the time-dependent hard

1 time windows routing problem as well as an expression to calculate CO₂ emissions. Section 4
2 describes the Portland case study, its data sources, and the solution approach. Section 5
3 presents and analyzes experimental results. Section 6 ends with conclusions.

4 ***2. Background and Literature Review***

5 The literature review for this paper covers three main areas of research: (a) the effects of
6 congestion and travel time variability on vehicle tours and logistics; (b) the impact of travel
7 speeds on commercial vehicle emissions; and (c) time-dependent vehicle routing problems.

8 Direct and indirect costs of congestion on passenger travel time, shipper travel time and
9 market access, production, and labor productivity have been widely studied and reported in
10 the available literature. The work of Weisbrod et al. (2001) provides a broad review of this
11 literature. Survey results suggest that the type of freight operation has a significant influence
12 on how congestion affects carriers' operations and costs. For example, results from a
13 California survey indicate that congestion is perceived as a serious problem for companies
14 specializing in less-than-truckload (LTL), refrigerated, and intermodal cargo (Golob and
15 Regan, 2001). These results largely agree with reports analyzing the effects of traffic
16 congestion in the Portland region (ERDG, 2005, 2007).

17 Congestion has a significant impact on routes where delivery times are heavily restricted by
18 customer time windows and schedules. In addition, there may be a fairly inelastic relationship
19 between delivery costs and customer's demand characteristics and levels. For example,
20 Holguin-Veras et al. (2006) investigated the effects of New York City's congestion pricing on
21 LTL deliveries and found little changes because delivery times were determined by customer
22 time windows and schedules. Figliozzi (2007, 2009a) analyzes the effects of congestion on
23 vehicle tour characteristics using continuous approximations to routing problems. Figliozzi
24 (2007) analyzes how constraints and customer service time affect trip generation using a tour
25 classification based on supply chain characteristics and route constraints. This work also
26 reveals that changes in both vehicle kilometers traveled (VKT) and vehicle hours traveled
27 (VHT) differ by type of tour and routing constraint. Hard time windows are the type of
28 constraint that most severely increases VKT and VHT. Figliozzi (2009a) models the effects of
29 congestion and travel time variability on vehicle tour characteristics; analytical and numerical
30 results indicate that travel speed reductions and depot-customer travel distances are the key
31 factors that exacerbate the impacts of travel time variability. Quak and Koster (2009) utilized

1 a fractional factorial design and regression analysis to quantify the impacts of delivery
2 constraints and urban freight policies. Quak and Koster (2009) findings confirm previous
3 results. Vehicle restrictions that affected customers with time window constraints did not have
4 an impact on customer costs. However, vehicle restrictions are found to be costly when
5 vehicle capacity is limited.

6 There is an extensive literature related to vehicle emissions and several laboratory and field
7 methods are available to estimate vehicle emissions rates (Ropkins et al., 2009). Research
8 results indicate that CO₂ is the predominant transportation greenhouse gas (GHG) and is
9 emitted in direct proportion to fuel consumption, with a variation by type of fuel (ICF, 2006).
10 For most vehicles, fuel consumption and the rate of CO₂ per mile traveled decreases as
11 vehicle operating speed increases up to an optimal speed and then begins to increase again
12 (ICF, 2006). Furthermore, the relationship between emission rates and travel speed is not
13 linear.

14 Congestion has a great impact on CO₂ vehicle emissions and fuel efficiency. In real driving
15 conditions, there is a rapid non-linear growth in emissions and fuel consumption as travel
16 speeds fall below 30 mph (Barth and Boriboonsomsin, 2008). CO₂ emissions double on a per
17 mile basis when speed drops from 30 mph to 12.5 mph or when speed drops from 12.5 mph to
18 5 mph. These results were obtained using an emission model and freeway sensor data in
19 California and weighted on the basis of a typical light-duty fleet mix in 2005. Frequent
20 changes in speed, i.e. stop and go traffic conditions, increases emission rates because fuel
21 consumption is a function of not only speed but also acceleration rates (Frey et al., 2008).

22 Some researchers have conducted surveys that indicate that substantial emission reductions
23 can be obtained if companies improve the efficiency of routing operations (Léonardi and
24 Baumgartner, 2004, Baumgartner et al., 2008). Other researchers using queuing theory,
25 Woensel et al. (2001) modeled the impact of traffic congestion on emissions and recommend
26 that private and public decision makers take into account the high impact of congestion on
27 emissions. From an operational perspective, carriers cannot take into account the impact of
28 congestion on emissions unless time-dependent travel times are considered when designing
29 distribution or service routes. While classic versions of the VRP, specifically the capacitated
30 VRP (CVRP) or VRP with time windows (VRPTW), have been widely studied in the
31 available literature (Cordeau et al., 2006), time-dependent problems have received
32 considerably less attention. The Time Dependent Vehicle Routing Problem (TDVRP) takes

1 into account that links in a network have different costs or speeds during the day. Typically,
2 this time-dependency is used to represent varying traffic conditions. The TDVRP was
3 originally formulated by Malandraki and Daskin (1992). Time dependent models are
4 significantly more complex and computationally demanding than static VRP models.
5 Approaches to solve the TDVRP can be found in the work of several authors (Malandraki,
6 1989, Ahn and Shin, 1991, Jung and Haghani, 2001, Ichoua et al., 2003, Fleischmann et al.,
7 2004, Haghani and Jung, 2005, Donati et al., 2008, Figliozzi, 2009c). The reader is referred to
8 Figliozzi (2009c) for an up-to-date and extensive TDVRP literature review and the
9 description of benchmark problems. Other research efforts have focused on general model

10 TDVRP instances are considerably more demanding than static VRP instances in terms of
11 data requirements and computational time. However, solving more realistic TDVRP instances
12 is likely to indirectly achieve environmental benefits in congested areas because emissions are
13 not directly optimized (Sbihi and Eglese, 2007). Palmer (2008) studied the minimization of
14 CO₂ emissions utilizing real network data, multi-stop routes averaging almost 10 deliveries
15 per route, and shortest paths of Surrey county in the U.K. However, Palmer's methodology
16 does not allow for time-dependent speeds or multi-stop routes. Figliozzi (2010) formulated
17 the emissions vehicle routing problem (EVRP) with time-dependent travel times, hard time
18 windows, and capacity constraints. In addition to the usual binary variables for assigning
19 vehicles to customers, this is the first VRP with time windows formulation to include speed
20 and departure time as decision variables and also present conditions and algorithms to
21 determine efficient departure times and travel speeds. Figliozzi (2010) showed that a routing
22 formulation and solution algorithm that takes into account congestion and aim to minimize
23 CO₂ emissions can produce significant reductions in emission levels with relatively small
24 increases in distance traveled or fleet size.

25 To the best of the author's knowledge, there is no published work simultaneously integrating
26 in a case study problems with time-dependent speeds, distinct depot locations, hard time
27 windows, real-world network and congestion data, and commercial vehicles emissions.

28 ***3. Notation and Problem Formulation***

29 Unlike the formulation presented by Figliozzi (2010), in this research travel speeds are not
30 optimized to reduce emissions but introduced as decision variables to represent restrictions

1 due to freight policy measures, congestion, or time windows. Hence, carriers in this research
2 continue “business as usual” without internalizing the costs of emissions.

3 Using a traditional flow-arc formulation (Desrochers et al., 1988) and building upon a
4 formulation of the TDVRP with time windows (Figliozzi, 2009b), the vehicle routing problem
5 studied in this research can be described as follows. Let $G=(V,A)$ be a graph where
6 $A = \{(v_i, v_j) : i \neq j \wedge i, j \in V\}$ is an arc set and the vertex set is $V = (v_0, \dots, v_{n+1})$. Vertices v_0
7 and v_{n+1} denote the depot at which vehicles of capacity q_{\max} are based. Each vertex in V
8 has an associated demand $q_i \geq 0$, a service time $g_i \geq 0$, and a service time window $[e_i, l_i]$; in
9 particular the depot has $g_0 = 0$ and $q_0 = 0$. The set of vertices $C = \{v_1, \dots, v_n\}$ specifies a set of
10 n customers. The arrival time of a vehicle at customer $i, i \in C$ is denoted a_i and its departure
11 time b_i . Each arc (v_i, v_j) has an associated constant distance $d_{ij} \geq 0$ and a travel time
12 $t_{ij}(b_i) \geq 0$ which is a function of the departure time from customer i . The set of available
13 vehicles is denoted K . The cost per unit distance traveled is denoted c_d . A binary decision
14 variable x_{ij}^k indicates whether vehicle k travels between customers i and j . A real decision
15 variable y_i^k indicates service start time if customer i is served by vehicle k ; hence the
16 departure time is given by the customer service start time plus service time $b_i = y_i^k + g_i$.

17 In the capacitated vehicle routing problem with time windows (VRPTW) it is traditionally
18 assumed that carriers minimize the number of vehicles as a primary objective and distance
19 traveled as a secondary objective without violating time windows, route durations, or capacity
20 constraints. The problem analyzed in this research follows this traditional approach; however,
21 CO₂ emissions are also computed to analyze emissions tradeoffs due to policy restrictions,
22 time windows, or congestion levels.

23 Problem Formulation

24 The primary objective is fleet size minimization as defined by (1) and the secondary objective
25 is the minimization of distance traveled and route duration costs.

26 PRIMARY OBJECTIVE

$$1 \quad \text{minimize} \quad \sum_{k \in K} \sum_{j \in C} x_{0j}^k, \quad (1)$$

2 SECONDARY OBJECTIVE

$$3 \quad \text{minimize} \quad c_d \sum_{k \in K} \sum_{(i,j) \in V} d_{ij} x_{ij}^k \quad (2)$$

4 CONSTRAINTS

$$5 \quad \sum_{i \in C} q_i \sum_{j \in V} x_{ij}^k \leq q_{\max}, \quad \forall k \in K \quad (3)$$

$$6 \quad \sum_{k \in K} \sum_{j \in V} x_{ij}^k = 1, \quad \forall i \in C \quad (4)$$

$$7 \quad \sum_{i \in V} x_{il}^k - \sum_{i \in V} x_{ij}^k = 0, \quad \forall l \in C, \forall k \in K \quad (5)$$

$$8 \quad x_{i0}^k = 0, x_{n+1,i}^k = 0, \quad \forall i \in V, \forall k \in K \quad (6)$$

$$9 \quad \sum_{j \in V} x_{0j}^k = 1, \quad \forall k \in K \quad (7)$$

$$10 \quad \sum_{j \in V} x_{j,n+1}^k = 1, \quad \forall k \in K \quad (8)$$

$$11 \quad e_i \sum_{j \in V} x_{ij}^k \leq y_i^k, \quad \forall i \in V, \forall k \in K \quad (9)$$

$$12 \quad l_i \sum_{j \in V} x_{ij}^k \geq y_i^k, \quad \forall i \in V, \forall k \in K \quad (10)$$

$$13 \quad x_{i,j}^k (y_i^k + g_i + t_{i,j} (y_i^k + g_i)) \leq y_j^k, \quad \forall (i,j) \in A, \forall k \in K \quad (11)$$

$$14 \quad x_{ij}^k \in \{0,1\}, \quad \forall (i,j) \in A, \forall k \in K \quad (12)$$

$$15 \quad y_i^k \in \mathfrak{R}, \quad \forall i \in V, \forall k \in K \quad (13)$$

16 The constraints are defined as follows: vehicle capacity cannot be exceeded (3); all customers
 17 must be served (4); if a vehicle arrives at a customer it must also depart from that customer
 18 (5); routes must start and end at the depot (6); each vehicle leaves from and returns to the

1 depot exactly once, (7) and (8) respectively; service times must satisfy time window start (9)
 2 and ending (10) times; and service start time must allow for travel time between customers
 3 (11). Decision variables type and domain are indicated in (12) and (13).

4 Emissions Modeling

5 CO₂ emissions are proportional to the amount of fuel consumed which is a function of travel
 6 speed and distance traveled among other factors. In this research it is assumed that the weight
 7 of the products loaded does not significantly affect CO₂ emission levels in relation to the
 8 impacts of travel speeds. To incorporate recurrent congestion impacts and following a
 9 standard practice in TDVRP models, the depot working time $[e_0, l_0]$ is partitioned into M
 10 time periods $\mathbf{T} = T^1, T^2, \dots, T^M$; each period T^m has an associated constant travel speed $0 \leq s^m$
 11 in the time interval $T^m = [t^m, \bar{t}^m]$.

12 For each departure time b_i and each pair of customers i and j , a vehicle travels a non-
 13 empty set of speed intervals $S_{ij}(b_i) = \{s_{ij}^m(b_i), s_{ij}^{m+1}(b_i), \dots, s_{ij}^{m+p}(b_i)\}$ where $s_{ij}^m(b_i)$ denotes the
 14 speed at departure time, $s_{ij}^{m+p}(b_i)$ denotes the speed at arrival time, and $p+1$ is the number of
 15 time intervals utilized. The departure time at speed $s_{ij}^m(b_i)$ takes place in period T^m , the
 16 arrival time at speed $s_{ij}^m(b_i)$ takes place in period T^{m+p} , and $1 \leq m \leq m+p \leq M$.

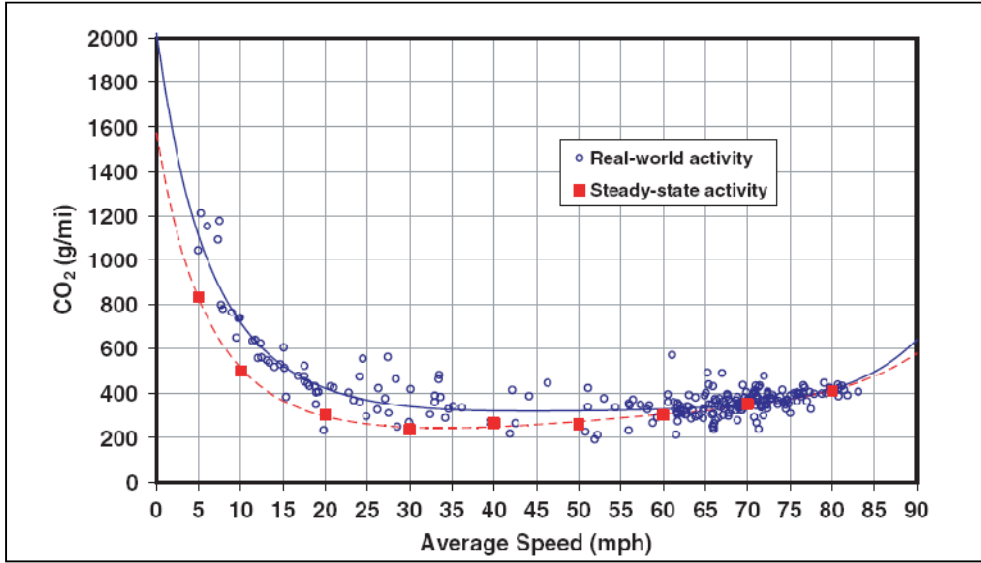
17 For the sake of notational simplicity the departure time will be dropped even though speed
 18 intervals and distance intervals are a function of departure time b_i . The corresponding set of
 19 distances and times traveled in each time period are denoted $D_{ij}(b_i) = \{d_{ij}^m, d_{ij}^{m+1}, \dots, d_{ij}^{m+p}\}$ and
 20 $T_{ij}(b_i) = \{t_{ij}^m, t_{ij}^{m+1}, \dots, t_{ij}^{m+p}\}$ respectively.

21 For heavy duty vehicles, the Transport Research Laboratory has developed a function that
 22 links emissions, distance traveled, and travel speeds for heavy duty trucks (TRL, 1999):

$$23 \quad [\alpha_0 + \alpha_1 s_{ij}^l + \alpha_2 (s_{ij}^l)^3 + \alpha_3 (\frac{1}{(s_{ij}^l)^2})] d_{ij}^l \quad (14)$$

24 The coefficients $\{\alpha_0, \alpha_1, \alpha_2, \alpha_3\} = \{1576.0; -17.6; 0.00117; 36067.0\}$ are parameters for the
 25 heavy duty truck type. For other vehicle types, e.g. medium or light duty trucks, there may be

1 other polynomial terms (TRL, 1999). These parameters are likely to change over time as
 2 technology and engines evolve; however, the CO₂ percentage changes and tradeoffs analysis
 3 presented in Section 5 are likely to remain valid unless there are dramatic changes in the
 4 shape of the speed-emissions curve. The optimal travel speed that minimizes emissions is
 5 assumed to be the speed s^* , which for expression (14) the value is $s^* \approx 44$ mph or 71 kmh.
 6 Expression (14) outputs CO₂ emissions in Kg/km when the speed is expressed in km/h. As
 7 congestion increases, the amount and cost of emissions increases dramatically. In addition,
 8 below free-flow travel speeds, real-world stop and go conditions further increase emissions
 9 (Barth and Boriboonsomsin, 2008). Figure 1 depicts the change in emissions between steady-
 10 state and real-world congested conditions. CO₂ emission rates under real-world congested
 11 conditions can be up to 40% higher than emission rates under steady-state conditions.



12

13 Figure 1. CO₂ emissions as a function of average speed - Barth and Boriboonsomsin (2008)

14 The volume of emissions generated by travelling from customer i to customer j and
 15 departing at time b_i is denoted $v_{ij}(b_i)$:

$$16 \quad v_{ij}(b_i) = \sum_{l=0}^{l=p} [\alpha_0 (s_{ij}^l) + \alpha_1 s_{ij}^l + \alpha_2 (s_{ij}^l)^3 + \alpha_3 \frac{1}{(s_{ij}^l)^2} d_{ij}^l] \quad (15)$$

17 Expression (15) provides a simple yet good approximation for real-world CO₂ emissions vs.
 18 travel speed profiles. Acceleration impacts are not considered because detailed speed profiles

1 will be required; however, to account for the emission rate increases in stop-and-go traffic
2 conditions, the term $\alpha_0(s_{ij}^l)$ could be adjusted.

3

4 Speed Constraints

5 Travel speeds are limited by speed limits or congestion. As indicated by constraint (16), a
6 vehicle traveling between two costumers i, j cannot exceed the travel speed for that link in
7 period of time l .

$$8 \quad \underline{s}_{ij}^l \leq s_{ij}^l \leq \bar{s}_{ij}^l \quad (16)$$

9 In addition, travel speeds are also limited by road characteristics. To represent different road
10 characteristics between two customers i, j the segment of distance d_{ij} is partitioned into a set
11 of $R(i, j)$ segments that for the partial distance set:

$$12 \quad \{r_{ij}^1, r_{ij}^2, \dots, r_{ij}^{R(i,j)}\} \text{ such that } d_{ij} = \sum_{l'=1}^{l'=R(i,j)} r_{ij}^{l'}$$

13 Each segment $r_{ij}^{l'}$ has an upper and lower speed bounds. Combining speed constraints due to
14 time of the day and road section we obtain the more general constraint expression (17) for
15 time of day l and section l' between customers i, j :

$$16 \quad \underline{s}_{ij}^{l,l'} \leq s_{ij}^{l,l'} \leq \bar{s}_{ij}^{l,l'} \quad (17)$$

17

18 **4. Portland Case Study**

19 Considered a gateway to international sea and air freight transport, the city of Portland has
20 established itself both in name and trade as an important component of both international and
21 domestic freight movements. Its favorable geography to both international ocean and
22 domestic river freight via the Columbia River is also complimented by its connection to
23 Interstate-5 (I-5), providing good connectivity to southern California ports and international
24 freight traffic from Mexico and Canada (EDRG, 2007). Recent increases in regional

1 congestion, however, have hindered considerably freight operations and brought about a
2 substantial increase in delivery costs (Conrad and Figliozzi, 2010).

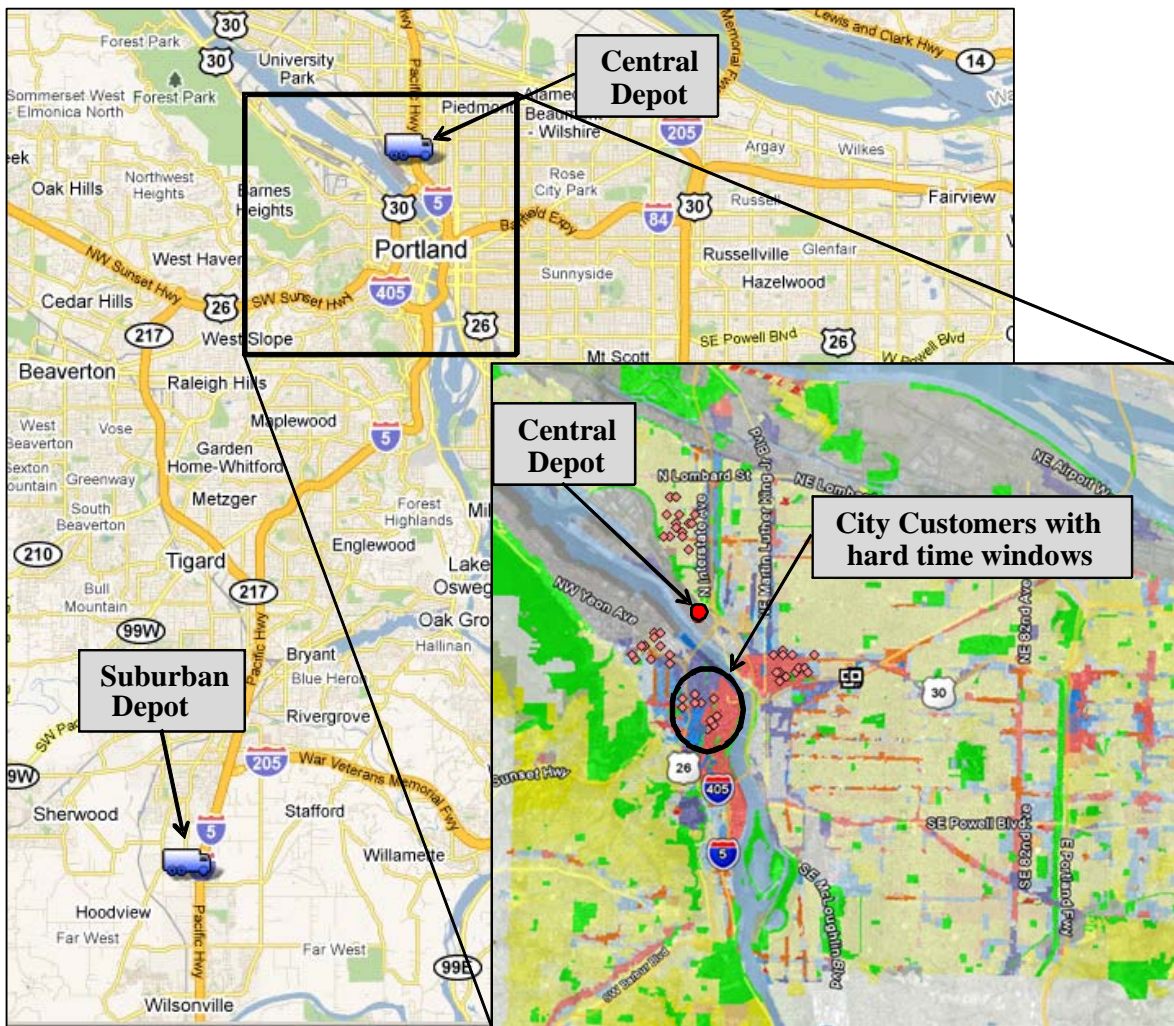


Figure 2. Depots and Customer Locations (base map sourced from Google maps¹)

3 The I-5 freeway corridor provides the main north-south freight corridor and is used by most
4 carriers delivering in downtown Portland, regional through traffic, and many commuters.
5 Land use patterns are used to locate two carrier's depots in warehousing/industrial areas that
6 are located in relatively central and suburban locations respectively. Figure 2 shows the
7 relative location of downtown Portland, the I-5 corridor, the central depot, and the suburban
8 depot. The I-5 freeway corridor, even under congested conditions, provides the shortest
9 distance and time path between the urban and suburban depot and downtown Portland.

¹ Google Maps at <http://maps.google.com>

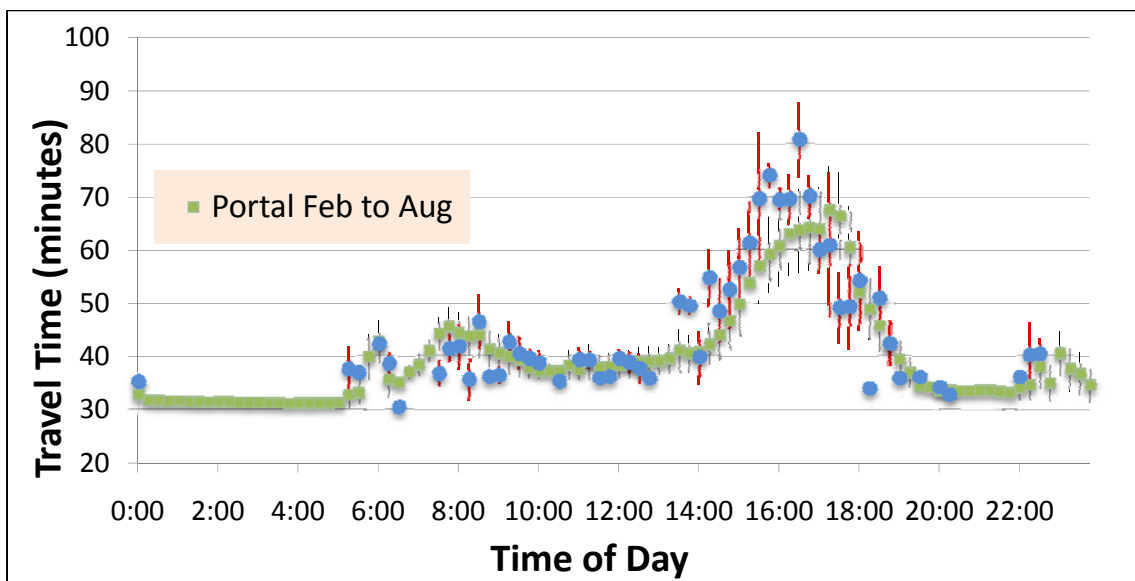
1 Freeway, arterial, and local segments are established for each path as required by expression
2 (17).

3

4

5 Travel Speed Data

6 Time-dependent travel speed data comes from 436 inductive loop detectors along interstate
7 freeways in the Portland metropolitan area. Traffic data is systematically archived in the
8 Portland Oregon Transportation Archived Listing (PORTAL). A complete description of this
9 data source is given by Bertini et al. (2005). The travel speeds used in this research are
10 calculated from 15 minute archived travel time data averaged over the year 2007 along the I-5
11 freeway corridor spanning from the Portland suburb of Wilsonville to Vancouver,
12 Washington. In addition, Portland State University had access to truck GPS location and time
13 data that can be used to calculate travel speeds (Wheeler and Figliozzi, 2009). Figure 3
14 compares a typical week of average time-dependent travel time data using sensor data from
15 PORTAL and GPS base data for a section of Interstate 5; historical travel time speeds based
16 on sensor data are a good proxy for truck travel speeds.



17

18

Figure 3: Example of travel speed variations using sensor and GPS data

19

20 Figure 3 also shows that free-flow travel speeds, around 60 miles per hour, take place at night
21 – mostly between 9 pm and 6 am. This research assumes that travel speeds between 6 am and

1 9 pm are a function of time of the day. The base scenario, uncongested travel times, assumes a
2 constant time dependent speed of 60 miles per hour in the freeways and 30 miles per hour in
3 the arterial network. Travel speed on arterials is based on speed limits during uncongested
4 hours and estimating congested travel times based on patterns observed in the Portland area
5 (Wolfe et al., 2007). The percentage of local street travel is relatively small and mostly
6 limited to connections between customers and freeways/arterials. Local speed is assumed to
7 have a constant value of 10 miles per hour.

8 Customer Data

9 A primary goal of this research is to quantify the impact of congestion on emissions for
10 typical customer constraints in the Portland Metropolitan area. It is assumed that delivery
11 hours correspond to normal business hours between 8 am and 4 pm. Since delivery times are
12 heavily dictated by customer time windows and schedules (Holguin-Veras et al., 2006), it is
13 assumed that vehicles depart from each depot so that they serve the first customer by 8 am.

14 The distribution of customers' requests is assumed to take place in Portland downtown as
15 shown in Figure 2. The literature indicates that congestion impacts on route characteristics are
16 highly dependent on the type of binding constraint. To study a diverse set of binding
17 constraints and customer distributions, the experimental design is based on the classical
18 instances of the VRP with time windows proposed by Solomon (1987). The Solomon
19 instances include distinct spatial customer distributions, vehicles' capacities, customer
20 demands, and customer time windows. These problems have not only been widely studied in
21 the operations research literature but the datasets are readily available.

22 The well-known 56 Solomon benchmark problems for vehicle routing problems with hard
23 time windows are based on six groups of problem instances with 100 customers. The six
24 problem classes are named C1, C2, R1, R2, RC1, and RC2. Customer locations were
25 randomly generated (problem sets R1 and R2), clustered (problem sets C1 and C2), or mixed
26 with randomly generated and clustered customer locations (problem sets RC1 and RC2).
27 Problem sets R1, C1, and RC1 have a shorter scheduling horizon, tighter time windows, and
28 fewer customers per route than problem sets R2, C2, and RC2 respectively. Demand
29 constraints are binding for C1 and C2 problems whereas time-window constraints are binding
30 for R1, R2, RC1, and RC2 problems. In this research the Solomon customer time windows
31 are made proportional to the assumed normal business hours between 8 am and 4 pm so the
32 original demand and time window constraints are maintained. Customer locations have been

1 scaled to fit Portland downtown area but the relative spatial distribution among customers has
 2 been preserved.

3

4 Solution Algorithm

5 The time-dependent vehicle routing problems are solved using the route construction and
 6 improvement algorithm described in detail in Figliozzi (2009c). This approach, also denoted
 7 IRCI for *Iterated Route Construction and Improvement* has also been successfully applied to
 8 VRP problems with soft time windows (Figliozzi, 2009b). As in previous research efforts
 9 with a exploratory and policy motivation (Quak and de Koster, 2007), the focus of this
 10 research is not on finding optimal routes for simpler problems (i.e. constant travel times
 11 problems) but on approximating carriers' route planning as well as possible and capturing the
 12 trade-off between congestion, depot locations, customer characteristics, and CO₂ emissions in
 13 the case study area.

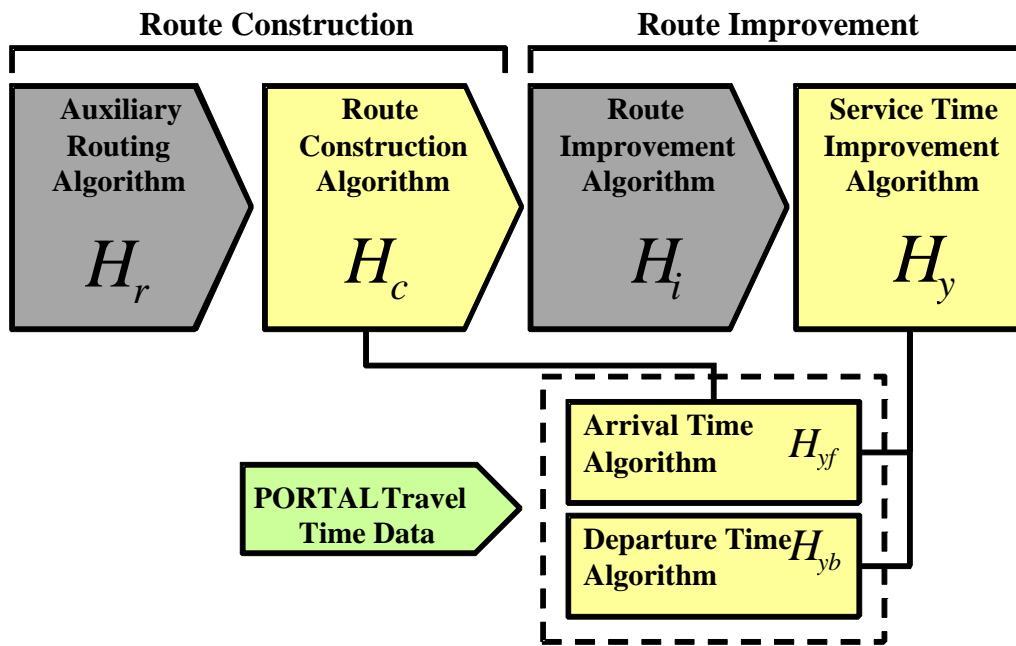


Figure 4: Solution method of the iterative route construction and improvement (IRCI) algorithm.

14

15

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1  Algorithm  $H_e$ 
2  Data:
3  T and S : time intervals and speeds
4   $v_i, v_j, a_i, b_i$  : two customers  $v_i, v_j$  served in this order in route  $k$ ,  $a_i$  is the current arrival
5  time at customer  $i$  and  $b_i$  the proposed departure time
6  START
   1  initialize  $D \leftarrow 0, t \leftarrow 0, v_{ij}(b_i) \leftarrow 0$ 
   2  if  $b_i < \max(e_i, a_i) + g_i$  then
   3       $b_i \leftarrow \max(e_i, a_i) + g_i, t \leftarrow b_i$ 
   4  else  $t \leftarrow b_i$ 
   5  end if
   6  while  $D \leq d_{ij}$  do
   7      find  $\min(k')$  such that  $D \leq \sum_1^{k'} r_{ij}^{k'}$ 
   8      find  $k$  such that  $t_{\underline{k}} \leq t \leq t_{\bar{k}}$ 
   9       $s \leftarrow \bar{s}_{ij}^{k, k'}$ 
  10      $a_{k'} \leftarrow t + r_{ij}^{k'} / s$ 
  11     if  $a_{k'} < t_{\bar{k}}$  then
  12          $v_{ij}(b_i) \leftarrow v_{ij}(b_i) + \text{formula (15) with speed } s_{kk'}, \text{ distance } r_{ij}^{k'}$ 
  13          $d \leftarrow r_{ij}^{k'}, t \leftarrow \max(b_i, t_{\underline{k}}), D \leftarrow D + r_{ij}^{k'}$ 
  14     end if
  15     while  $a_{k'} > t_{\bar{k}}$  do
  16          $d \leftarrow d - (t_{\bar{k}} - t) s_{kk'}$ 
  17          $D \leftarrow D + (t_{\bar{k}} - t) s_{kk'}$ 
  18          $t \leftarrow t_{\bar{k}}, s_{k+1, k'} \leftarrow \bar{s}_{ij}^{k+1, k'}$ 
  19          $a_{k'} \leftarrow t + d / s_{k+1, k'}$ 
  20          $v_{ij}(b_i) \leftarrow v_{ij}(b_i) + \text{formula (15) with speed } s_{k+1, k'}, \text{ distance}$ 
  21          $(\min(a_{k'}, t_{\bar{k}+1}) - t) s_{k+1, k'}$ 
  22          $k \leftarrow k + 1$ 
  23     end while
  24 end while
25 END
26 Output:
27      $a_{k'}$ , arrival time at customer  $j$ 
28      $v_{ij}(b_i) = \text{CO}_2$  emissions between customers  $i, j$  for a departure time  $b_i$ 
29

```

1 The TDVRP solution algorithm consists of a route construction phase and a route
2 improvement phase, each utilizing two separate algorithms (Figure 4). During route
3 construction, the auxiliary routing algorithm H_r repeatedly determines feasible routes using a
4 greedy insertion approach with the construction algorithm H_c assigning customers and
5 sequencing the routes. Route improvement is done first with the route improvement algorithm
6 H_i which compares similar routes and consolidates customers into a set of improved routes.
7 Lastly, the service time improvement algorithm H_y eliminates any time window violations,
8 and then reduces the route duration without introducing additional early or late time window
9 violations; these tasks are accomplished by using the arrival time and departure time
10 algorithms H_{yf} and H_{yb} , respectively, and re-sequencing customers as needed. It is with these
11 algorithms that the travel time data are inserted into the solution algorithm.

12 Although the application of the TDVRP algorithm does not change, it is necessary to develop
13 a travel speed and an emissions calculation sub-algorithm to estimate CO₂ levels as a function
14 of the customer sequence, departure time, and road type. The speeds for each time period and
15 path sections as well as the CO₂ emissions calculation are calculated as shown in Algorithm
16 H_e . After initializing the variables (line 1), the algorithm calculates a departure time that
17 satisfies time window constraints (lines 2 to 5). Line 6 introduces the loop condition that
18 ensures that the distance between customers is reached. Lines 7 and 8 ensure that the correct
19 section and time period are selected respectively. Line 9 sets the travel speed to the highest
20 feasible value and line 10 calculates the arrival time after completing the current segment.
21 Lines 11 to 14 calculate emissions if the current segment can be completed in the current
22 interval of time. Otherwise new time periods are utilized until the segment if can be
23 completed (lines 15 to 23) and emissions are accumulated. This process is repeated for all
24 road segments between the two customers until all emissions are properly accounted for.
25 According to H_e the vehicles travel at the fastest possible speed as permitted by congestion
26 and road type.

27

28 ***5. Experimental Results***

29 Three basic scenarios are developed: (1) “uncongested” or base case, (2) “congested” case,
30 and (3) uncongested case but limiting travel speed to 44 miles per hour in freeways – the most
31 efficient travel speed in terms of vehicle CO₂ emissions – and 30 miles per hour in local

1 networks. The latter case (3) is denoted “speed limit-uncongested” case. The average results,
 2 i.e. the averages per Solomon problem type, per routing class and for the central depot are
 3 presented in Tables 1 and 2. Table 1 compares the base “uncongested” case (1) against the
 4 “congested” case (2). In Tables 1, 2, 3, and 4 the percentage change shown takes the
 5 uncongested situation as a base. For example, a positive % in the row of routes (or emissions
 6 levels) indicates that the average number of required routes (or emissions levels) has
 7 increased.

	R1	R2	C1	C2	RC1	RC2
Vehicles	14.9%	22.2%	0.0%	0.0%	13.8%	17.4%
Distance	10.0%	-2.3%	0.0%	0.0%	8.3%	-1.0%
Duration	43.9%	42.6%	40.4%	27.3%	40.1%	43.9%
Emissions	18.2%	4.2%	1.0%	0.8%	17.0%	8.6%

8

Table 1. Central Depot, Uncongested vs. Congested Case

9 In Table 1 route durations have an increase across the board due to congestion and longer
 10 travel times. Fleet size increases in instances R1, R2, RC1, and RC2 because time windows
 11 are the binding constraints. However, fleet size does not change for C1 and C2 problems
 12 because vehicle capacity is the binding constraint and the existing fleet of vehicles can serve
 13 the same number of customers even under congested conditions. The percentage increase in
 14 CO₂ emissions greatly varies across problem types. The highest CO₂ increase is found in R1
 15 and RC1 problems where customers have tight time windows and larger fleet sizes.

16 Table 2 compares the “speed limit-uncongested” case against the “uncongested” case. In all
 17 cases, the percentage change utilizes the uncongested situation as a base. As expected,
 18 duration increases across the board because speed limits have been reduced along the freeway
 19 sections. However, it can be observed in Table 2 that emissions may decrease significantly
 20 when speed limits are imposed without significantly increasing fleet size, e.g. type R1. In
 21 other problems, a CO₂ emissions reduction is achieved with an increase in fleet size and a
 22 reduction in distance travel, e.g. type R2.

23

1

	R1	R2	C1	C2	RC1	RC2
Vehicle	0.7%	7.4%	0.0%	0.0%	1.1%	0.0%
Distance	0.0%	-5.5%	0.0%	0.0%	-0.5%	-0.8%
Duration	9.7%	4.6%	0.0%	0.0%	8.3%	8.0%
Emissions	-4.5%	-13.9%	-17.3%	-25.5%	-4.3%	-4.6%

2

Table 2. Central Depot, Uncongested vs. Speed Limit-uncongested Case

3 The average results per routing class and for the suburban depot are presented in Tables 3 and
 4 4. Table 3 compares the base “uncongested” case (1) against the “congested” case (2). In all
 5 cases, the percentage change shown takes the uncongested situation as a base. As observed in
 6 the central depot results, route durations have an increase across the board and fleet size does
 7 not change for C1 and C2 problems. It seems somewhat paradoxical that in the case of C1 and
 8 C2 there is no percentage change in vehicle fleet size, distance, and duration yet there is a
 9 different percentage change in the level of emissions. This is explained by the fact that C2
 10 routes are less affected by congestion in the return trip to the depot; hence, the reduction in
 11 emissions level is greater when dropping for the free flow speed to the speed limit case. The
 12 percentage increase in CO₂ emissions is in all cases greater than the increases in fleet size or
 13 distance traveled because more time is spent travelling on the congested freeway.

	R1	R2	C1	C2	RC1	RC2
Vehicles	15%	21%	0%	0%	14%	17%
Distance	14%	15%	0%	-1%	13%	12%
Duration	49%	51%	29%	63%	46%	48%
Emissions	23%	28%	8%	9%	21%	23%

14

Table 3. Suburban Depot, Uncongested vs. Congested Case

15 Table 4 compares the “speed limit-uncongested” case against the “uncongested” case for the
 16 suburban depot. In all cases, the percentage change shown is taking the uncongested situation
 17 as a base. As expected, duration increases across the board. It can be observed, again, in Table
 18 4 that emissions may decrease significantly when speed limits are imposed without increasing

1 distance traveled or fleet size, e.g. type C2. In other problems, an emissions reduction is
 2 achieved with a slight increase in fleet size or distance traveled, e.g., R1 and RC1 problems
 3 respectively. Comparing Tables 2 and 4 it seems that emissions *decreases* are higher for the
 4 central depot. To explain this is necessary to look at the type of road utilized by the vehicles.
 5 According to the emissions function, the rate of emissions for traveling at 25 miles per hour is
 6 almost 30% higher than the rate of emissions at the optimal speed. In the case of Table 2, the
 7 proportion of distance traveled on local roads has decreased. Emissions reductions can be
 8 explained by two factors: (a) travel at the optimal speed on the freeway and (b) a smaller
 9 proportion of travel on non-freeway segments in the case of Table 2.

	R1	R2	C1	C2	RC1	RC2
Vehicles	1%	0%	0%	0%	1%	0%
Distance	-1%	0%	0%	0%	1%	0%
Duration	12%	10%	13%	25%	14%	11%
Emissions	-4%	-2%	-1%	-17%	-3%	-2%

10 Table 4. Suburban Depot, Uncongested vs. Speed Limit-uncongested Case

Route	Speed		Emission Factors		Distance		Total		
	Freeway	Local	Freeway	Local	Freeway	Local	Distance	Time	Emissions
A	50.0	25.0	1.1	1.3	20.0	10.0	30.0	48.0	35.0
B	44.0	25.0	1.0	1.3	20.0	10.0	30.0	51.3	33.0
C	44.0	25.0	1.0	1.3	26.0	5.5	31.5	48.7	33.2
D	44.0	25.0	1.0	1.3	27.1	4.5	31.6	47.8	33.0
E	40.0	25.0	1.1	1.3	28.5	3.0	31.5	50.0	35.3

11 Table 5. Route comparisons when speed and duration constraints are introduced

12 In a vehicle routing problem speed changes can have unexpected consequences even if
 13 customer time windows are not included in the analysis. The following example illustrates
 14 potential unexpected changes in emissions when speed limits are imposed. Let's assume a
 15 freeway speed of 50 mph and a non-freeway (local streets) speed of 25 mph. For the sake of
 16 simplicity, let's also assume that the optimal emissions travel speed is 44mph producing an

1 emission level of 1.00 unit, at 50mph or 40mph the emissions level is producing 1.10 units
2 (10% higher per mile traveled) and at 25mph the emissions level is producing 1.30 units (30%
3 higher per mile traveled). Let's assume that a route "A" visits all costumers traveling 20 miles
4 on freeways and 10 miles on locals streets. If freeway speeds were to increase from 50 to
5 60mph in route "A" total emissions would increase unless there were a reduction in total
6 distance traveled that compensates for the increase in emissions rate at a higher speed. If a
7 speed limit on freeways is introduced, route "B", the total amount of emissions drop to 33
8 units (5.7%). However, if there is a route duration constraint of 50 minutes route "B" is not
9 feasible and the next best feasible option maybe route "C" that has a longer duration and
10 distance traveled than route "A". However, total emissions are reduced to 33.2 units (5.3%).
11 Furthermore, if the objective function is to reduce fleet and distance, a suboptimal choice
12 from the emissions perspective will be made if route "D" is not chosen. If the reduction of
13 freeway speed is more than it is required (congestion), the results are even worse than in the
14 initial starting point (compare route "E" vs. route "A"). Hence, policies that aim to reduce
15 CO₂ emission levels by reducing speed limits will be more successful if (a) freeway travel
16 speeds are at the optimum emissions speed level, (b) the imposition of a speed limit does not
17 increase the proportion of distance traveled in local roads, and (c) the overall distance traveled
18 does not increase.

19 To better illustrate the impacts of distance a new depot is added. To simplify comparisons,
20 there are no changes in vehicle fleet size and local distance in Tables 6 and 7 because vehicles
21 in the suburban depots are allowed to depart earlier and return later. In addition, for the
22 suburban depots time windows are relaxed so that the same routes are followed. However, for
23 both suburban depots the distance traveled on the freeway increases. In both Tables 6 and 7,
24 the percentage changes utilize their respective central depot case (uncongested and congested
25 respectively) as a base. Vehicle percentage change is not shown as the fleet sizes are kept
26 constant to facilitate comparisons.

27 Distances and durations increase across the board if the depot is moved away from the
28 customer service area. In all cases, distance increases more than duration because there is a
29 higher proportion of faster freeway travel than slower local travel. Furthermore, in Table 7 the
30 duration percentage increase is smaller because the relative impact of slower congested travel
31 times is smaller, i.e. the vehicles are leaving/returning from/to the depot at uncongested times
32 to reach/leave the service area by 8 am/ 4pm respectively. Emission percentages increases are

1 smaller than distance percentages increases in the uncongested case because fast freeway
 2 travel produces fewer emissions than slow travel in local/arterial roads. However, in some
 3 cases emissions can grow faster than distance traveled (Table 7, Intermediate depot). In this
 4 particular case, the longer distance to the depot forces the vehicles to travel the freeway in the
 5 most congested and less efficient hours to reach/leave the service area by 8 am/ 4pm
 6 respectively.

		R1	R2	C1	C2	RC1	RC2
Intermediate Depot	Distance	137%	105%	136%	111%	137%	110%
	Duration	111%	58%	108%	65%	110%	63%
	Emissions	112%	93%	111%	96%	111%	96%
Distant Depot	Distance	555%	425%	550%	450%	554%	445%
	Duration	449%	233%	436%	263%	446%	256%
	Emissions	327%	272%	325%	283%	327%	281%

7 Table 6. Urban vs. Two Suburban Depot (Uncongested)

		R1	R2	C1	C2	RC1	RC2
Intermediate Depot	Distance	137%	105%	136%	111%	137%	110%
	Duration	98%	53%	95%	59%	97%	58%
	Emissions	141%	108%	140%	114%	141%	113%
Distant Depot	Distance	555%	425%	550%	450%	554%	445%
	Duration	371%	202%	361%	227%	368%	221%
	Emissions	464%	356%	459%	376%	463%	372%

9 Table 7. Urban vs. Two Suburban Depots (Congested)

10
 11 The results presented in this section highlight the fact that the impact of congestion on
 12 commercial vehicle emissions may be difficult to forecast. However, it is clear that
 13 uncongested travel speeds tend to reduce emissions on average. Unfortunately, this is not
 14 always the case and in some cases the opposite trend could be observed if free flow speeds are

1 increased beyond the optimal emissions travel speed. If travel speeds are reduced to a speed
2 that is “optimal” from an emissions perspective, emissions can be reduced without a
3 significant increase in fleet sizes or distance traveled if the utilization of arterials or local
4 streets does not increase. As a general finding, suburban depots and tight time windows tend
5 to increase emissions on average.

6 7 ***6. Conclusions***

8 This research focused on the analysis of CO₂ emissions for different levels of congestion and
9 time-definitive customer demands. The case study used travel time data from an extensive
10 archive of freeway sensors, time-dependent vehicle routing algorithms, and problems-
11 instances with different customer characteristics. The results indicate that congestion impacts
12 on commercial vehicle emissions are highly significant. Furthermore, public agencies must
13 carefully study the implications of policies that limit travel speeds or increase speed limits as
14 they may have unintended negative consequences in terms of CO₂ emissions. The impact of
15 congestion on emissions is higher for suburban depots. This has important implications in
16 terms of land use planning and policies. Reserving areas for warehousing and distribution
17 activities close to distribution or service areas can significantly decrease commercial CO₂
18 emissions, especially as congestion levels increase.

19 Further research is needed to explore alternative policies to minimize emissions in congested
20 areas without increasing logistics costs or decreasing customer service levels. These
21 preliminary results indicate that there may be significant emissions savings if commercial
22 vehicles are routed taking emissions into consideration or some delivery constraints are
23 relaxed. However, these benefits are not to be expected across the board and may heavily
24 depend on depot locations and customer demand characteristics.

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7

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