

1 **An Empirical Study of the Impact of Freeway Traffic on in-**
2 **Vehicle Exposure to Ultrafine Particulate Matter**

3
4 Alexander Bigazzi
5 Department of Civil and Environmental Engineering
6 Portland State University
7 P.O. Box 751
8 Portland, OR 97207-0751
9 Email: abigazzi@pdx.edu
10 Phone: 503-725-4282

11
12 Christine Kendrick
13 Department of Environmental Science and Management
14 Portland State University
15 P.O. Box 751
16 Portland, OR 97207-0751
17 Email:kendricc@pdx.edu

18
19 Miguel Figliozi
20 Department of Civil and Environmental Engineering
21 Portland State University
22 P.O. Box 751
23 Portland, OR 97207-0751
24 Email: figliozi@pdx.edu

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47 ABSTRACT

48 There is clear evidence of the adverse health impacts of traffic-related ultrafine particulate matter. As
49 more commuters are spending a significant portion of their daily routine inside vehicles it is increasingly
50 relevant to study exposure levels to harmful pollutants. This study is the first research effort to
51 simultaneously link detailed traffic data, traffic video analysis, and in-vehicle ultrafine particulate (UFP)
52 exposure data. The objective is to empirically test relationships between traffic characteristics and UFP
53 exposure concentrations. We also study the impact of vehicle shell effects including windows, ventilation,
54 and air conditioning on UFP levels. The results of statistical tests and analysis show that the vehicle shell
55 is the most important factor for in-vehicle UFP exposure concentrations. Closing the external air intake
56 vent is more than twice as effective as rolling up the windows alone – showing that there are steps
57 individual travelers can take to reduce their exposure. Surprisingly, traffic variables have little significant
58 impact on UFP exposure concentrations. Traffic density is the most significant traffic variable, suggesting
59 that inter-vehicle spacing is more important than changing emissions rates in congestion. Finally,
60 qualitative analysis suggests that heterogeneity in the vehicle fleet is the other major factor influencing
61 variations in exposure concentrations. The results of this research have important implications for
62 exposure modeling and potential exposure mitigation strategies.

63 INTRODUCTION

64 Motor vehicle emissions are a known contributor to urban air quality problems [1]. They also
65 have been shown to lead to negative health outcomes for people with long-term exposures, especially to
66 fine particulate matter [2]. These concerns raise interest in strategies to mitigate the health impacts of
67 traffic-related pollution – either by reducing vehicle emissions or reducing human exposure to emissions.

68 Traffic congestion, in particular, has been cited as a cause of human health problems [3].
69 Congestion mitigation in general is often cited as an air quality improvement strategy [4]. But the full
70 effects of congestion mitigation on motor vehicle emissions and air quality are not well quantified [5–7].
71 There is even less research regarding the impacts of congestion and congestion mitigation on human
72 exposure to traffic-related pollution.

73 The objective of this research is to quantify relationships between freeway traffic characteristics
74 and air quality/exposure for motorists. This will help illuminate potential exposure mitigation strategies
75 by identifying the primary influencing factors. We also aim to identify gaps or misconceptions in our
76 knowledge about the traffic congestion-exposure relationship, which will help to guide future research in
77 this area.

78 This paper presents results from an ongoing empirical study of traffic conditions and in-road or
79 near-road pollution exposures in Portland, Oregon. We first discuss the background literature and state-
80 of-knowledge regarding the traffic congestion-exposure relationship. We then describe the data collection
81 method. Results are presented next, followed by conclusions and a discussion of future work.

82 BACKGROUND AND LITERATURE

83 Ultrafine particles (with diameter $<0.1\mu\text{m}$) are a main component, in terms of particle number, of
84 motor vehicle emissions. Gasoline and diesel engines produce a significant number of particles in the
85 ultrafine size range, with the majority of particle number for gasoline engine exhaust ranging from 20-
86 60nm and for diesel engine exhaust from 20-130nm [8], [9]. While changes in fuel composition and
87 modern engine technology have led to reductions in vehicle emissions of particles with larger diameters
88 and mass concentration, UFP emissions measured by particle number concentration (PNC) have remained
89 unchanged or even increased [10].

90 In-roadway concentrations of UFPs are elevated compared to ambient conditions. PNCs are
91 significantly higher adjacent to freeways and can remain significantly greater than background
92 concentrations at distances of 300m away [11–15]. During times of heavy congestion, UFP
93 concentrations have been found to be elevated above background to a region of impact beyond 300m
94 [16]. Evaluation of on-road, in-vehicle particle concentrations has recently begun with a small number of
95 studies [17], [18]. Particle concentrations have been found to vary widely by location or roadway and to
96 be affected by specific vehicular traffic sources like truck traffic density [19]. Due to roadway
97 concentrations many times higher than ambient conditions time spent in a vehicle can contribute a large
98 fraction of total exposure [17], [18], [20].

100 **Health Impacts**

101 Epidemiological evidence shows associations between adverse health effects for populations
102 living in close proximity to traffic-related pollution compared to those living further away. Long-term
103 exposure to traffic-related particulate matter has been associated with pulmonary risks such as asthma
104 development, reduced lung function and growth, increased hospital visits, pulmonary mortality, and a
105 higher prevalence of adverse respiratory symptoms [21]. In a thorough, critical review of epidemiology
106 and toxicology studies involving particulate vehicular emissions, Grahame and Schlesinger [22] found
107 that epidemiology studies with accurate exposure measurement methods show consistent associations
108 between vehicle particulate matter and cardiovascular morbidity and mortality including long-term risks
109 for ischemic heart disease and acute myocardial infarction.

110 Toxicological studies have shown specific mechanisms by which traffic-related UFP and diesel
111 exhaust particles may cause adverse health responses. The small sizes allow for deep deposition into the
112 lung to the alveolar region, pulmonary interstitial spaces, mitochondria cell level, and passage into the
113 circulatory system [23–25]. Macrophages and other respiratory clearance mechanisms are not effective
114 for UFPs, leaving the respiratory system vulnerable to exposure. The high number and presence of UFPs
115 in the lungs can also cause mechanical damage leading to inflammation and oxidative stress both of
116 which can be precursors to cardiopulmonary health risks. Studies using in-vitro, in-vivo and human panel
117 designs involving particle numbers and diesel exhaust exposures have shown significant results of
118 adverse health impacts, supporting a causal relationship between traffic-related particulate matter and
119 adverse cardiovascular impacts [22].

120 Short-term exposures, as would be experienced while commuting in traffic, have also begun to
121 show negative health effects tied to traffic-related particulates. The National Human Activity Pattern
122 Survey found an average of 95 minutes per day is spent in-vehicle [26]. Various studies exposing healthy
123 humans to diesel exhaust for approximately a 60-minute exposure found adverse health responses of
124 inflammation and oxidative stress hours after the exposure occurred [27–29]. Time spent in traffic with
125 the use of a car was the most common source of exposure significantly associated with the onset of a first
126 myocardial infarction (MI) (heart attack) [30]. The time spent commuting in the roadway environment
127 with elevated PNCs has direct effects on the blood stream and respiratory system of humans suggesting
128 the need to mitigate in-vehicle exposures to traffic-related particulate matter.

130 **Factors Affecting UFP Exposure in the Transportation Environment**

131 PNCs in the transportation environment are reduced by atmospheric dispersion and dilution
132 through enhanced Brownian coagulation leading to particle size growth [31] or condensation/evaporation
133 to alter particle size, lowering number concentrations [32]. The roadway environment is not homogenous,

134 and characteristics of the roadway and immediate surroundings will affect how much dispersion or
135 dilution can take place.

136 Driving behavior and individual human receptor factors may also affect exposure. The close
137 proximity of a vehicle to undiluted emissions from other vehicles can elevate in-vehicle exposure [33].
138 Respiration rate and/or previous health conditions of the driver would affect volumes of pollutants
139 inhaled, absorption, uptake levels, and total exposure levels. Additionally, the seal of the individual
140 vehicle and ventilation types could create different barrier levels changing exposure levels [34]. A recent
141 study of in-vehicle exposure found lower UFP concentrations with the ventilation system set to
142 recirculation and the ventilation fan on high [17].

143

144 **Traffic Congestion and In-Vehicle Exposure Relationship**

145 In-vehicle exposure assessment studies have traditionally focused on comparing exposure
146 concentrations across travel modes (car, bike, bus, taxi, rail) and types of routes [35]. The impacts of
147 changing traffic conditions on in-vehicle exposure, however, are still not quantified. Real-world data are
148 important to understand the relationships between traffic conditions and in-vehicle exposure due to
149 heterogeneity of the roadway environment. Mobile platform measurements of roadway concentrations
150 have begun to increase in recent years in order to better understand spatial and temporal gradients of air
151 quality in urban areas [19].

152 While on-road concentrations and in-vehicle concentrations of traffic-related pollution are
153 beginning to be better characterized using real-world data measurement techniques and mobile
154 monitoring, no study has used simultaneous real-world traffic data and pollutant exposure data (outside of
155 video recordings only [18]). This study combines in-vehicle and outside-vehicle UFP measurements with
156 simultaneous traffic data gathered at various levels of traffic congestion. Measurements are used to
157 quantify relationships between freeway traffic congestion characteristics and UFP exposure
158 concentrations for motorists.

159 **DATA COLLECTION**

160 The data collection effort was designed to empirically test relationships between traffic conditions
161 and UFP concentrations. Using probe vehicles in the traffic stream and embedded roadway traffic sensors,
162 we collected concurrent traffic and air quality data on six non-contiguous days during the summer and fall
163 of 2010. Probe vehicle were driven on a 6.4-mile stretch of OR-217, an urban freeway in the Portland,
164 Oregon metropolitan area.

165 On each day of data collection, a single probe vehicle equipped with air quality instruments, two
166 GPS (Global Positioning System) receivers, and a forward-facing video camera was driven continuously
167 on the freeway for a period of approximately three hours. Simultaneous data were also gathered from
168 vehicle detectors along the freeway and from stationary air quality and meteorological monitoring
169 stations. Three different probe vehicles were used over the six days of data collection (all passenger
170 sedans).

171 In total, 94 trips were executed, where a “trip” consists of the probe vehicle traveling the 6.4-mile
172 corridor in a single direction. These trips constitute 15.4 hours of data, or 55,543 second-by-second data
173 points. The probe vehicle trips were executed in loops, alternating southbound (SB) and northbound (NB)
174 travel directions. Five of the data collection days were on weekdays (Tuesdays and Thursdays), and one
175 was on a Sunday (to capture lighter traffic conditions). On the weekdays, the data collection periods
176 covered varying time spans before, during, and after the evening traffic peak period.

177

178 The simultaneous data collected were:

179 • Forward-facing digital video recordings from the probe vehicle

180 • GPS-based speed and position for the probe vehicle (1 second intervals)

181 • In-vehicle UFP concentrations on both the driver's and passenger's sides (1 second intervals)

182 • Outside-vehicle UFP concentrations (1 second intervals)

183 • Traffic data for each lane (vehicle count and speed) from inductive dual-loop detectors (20

184 second intervals)

185 • Meteorology from a nearby weather station (10 minute intervals)

186 • Air quality from regional air quality monitoring stations (Hourly and daily aggregations)

187 • Road grade and geometry

188 UFP data were collected on all days but because only two UFP monitors were available, either two in-

189 vehicle monitors or one in-vehicle and one outside-vehicle monitor were used. The 6 data collection days

190 are summarized in Table 1. The weather and air quality data in Table 1 are averaged over the data

191 collection period, with the exception of PM_{2.5} (particulate matter <2.5 microns) and AQI (Air Quality

192 Index) which are daily averages. The data sources are described in more detail below.

193

Table 1. Data Collection Summary

	June 10, 2010	August 31, 2010	September 2, 2010	September 7, 2010	October 12, 2010	October 17, 2010
Day of Week	Thursday	Tuesday	Thursday	Tuesday	Tuesday	Sunday
Hours	15:00–18:32	14:48–18:02	14:42–17:50	14:27–18:18	15:50–19:18	17:45–20:00
# of Trips	7 SB, 7 NB	7 SB, 7 NB	8 SB, 8 NB	8 SB, 8 NB	9 SB, 9 NB	8 SB, 8 NB
Probe Vehicle	1999 Pontiac Grand Prix	2010 Toyota Prius Hybrid	2010 Toyota Prius Hybrid	2007 Honda Civic Hybrid	2007 Honda Civic Hybrid	2007 Honda Civic Hybrid
OR-217 Traffic Volume (veh/day)	103,259	99,456	103,905	97,678	97,186	72,205
Temperature ⁺ (°F)	54	60	81	62	65	54
Wind Speed ⁺ (mph)	0.6	1.4	7.3	0.7	0.5	1.2
Wind Gusts ⁺ (mph)	4.1	5.7	16.2	3.9	1.5	5.6
Relative Humidity ⁺ (%)	97	93	37	80	42	57
Hourly Precip. ⁺ (in)	0.02	0.01	0.00	0.06	0.00	0.00
Nitrogen Oxides ⁺ (ppb)	13.8	10.9	8.87	13.4	20.2	15.6
Ozone ⁺ (ppm)	19.4	21.6	41.8	20.6	14.6	13.4
Carbon Monoxide ⁺ (ppm)	0.42	0.30	0.22	0.27	0.35	0.39
PM _{2.5} ⁺ (µg/m ³)	2.6	2.8	3.0	3.6	5.6	7.2
AQI ⁺	8	9	10	12	18	23

⁺ averaged over data collection period; ⁺ averaged over entire day

195 As stated previously, the focus of this study is the relationship between traffic conditions and UFP
196 exposure concentrations. Since some influencing factors on UFP concentrations could not be
197 experimentally controlled (especially relating to pollutant dispersion), our goal was not to seek identical
198 conditions on each data collection day. We sought instead a wide range of traffic conditions and allowed
199 other factors of secondary interest to vary by date (meteorology, background concentrations, starting time,
200 probe vehicle). Thus, during the analysis a single “date” factor is indicative of myriad exogenous
201 influences.

202 The other varying experimental factor was vehicle ventilation condition. Trips were executed
203 varyingly with the windows up or down, the air vents open or closed (recirculating cabin air), and the air
204 conditioning (A/C) on or off. The A/C “on” was only tested with windows up and vents closed. The
205 “windows down” condition was conducted with three of the four windows open. The fan in the vehicle’s
206 ventilation system was set to medium.

207 **Probe Vehicle Data**

208 Three different study vehicles were used, all gasoline-fueled passenger sedans: a 1999 Pontiac
209 Grand Prix, a 2007 Honda Civic (gas-electric hybrid), and a 2010 Toyota Prius (gas-electric hybrid). The
210 vehicles were driven each day by the same driver, using a median-speed driving approach with free
211 choice of lanes. When queues formed on the roadway, the driver maintained a spacing of at least 2 meters
212 from the leading vehicle. A second passenger rode in the back seat of the vehicle, monitoring the data
213 collection equipment. The probe vehicle was equipped with a forward-facing digital video camera in the
214 passenger-side front seat recording images through the front windshield.

215 Two Garmin iQue® 3600 GPS receivers were used to collect vehicle location and speed data at
216 one-second intervals. A receiver was placed in each of the front and rear windshields. The two data
217 sources were compared and showed good agreement, with a correlation coefficient of 0.998. The final
218 probe vehicle speed and location data were averaged between the two receivers.

219 **In-Vehicle and Outside-Vehicle Air Quality Data**

220 UFP concentrations were measured using two P-Trak ultrafine particle counters (TSI Model
221 8525). P-Trak instruments are commonly used in personal exposure studies of UFPs for transportation
222 modes because of portability [35]. The P-Trak instrument measures particle number concentrations using
223 condensation with isopropyl alcohol and an optical sensor. Number concentrations are obtained for
224 particles in the range 0.02-1 μm , dominated by the ultrafine size range. The maximum concentration level
225 measured is 500,000 particles per cubic centimeter (pt/cc). The P-Trak instruments were calibrated in
226 October 2009. The instruments were allowed a “warm-up” period of 10 minutes before data collection to
227 avoid possible underestimation bias [36]. A recent study of UFP monitors showed no median bias and
228 median precision of 10% for the P-Trak instruments [36]. When run side-by-side, the two P-Trak
229 instruments used in this study showed good agreement.

230 The P-Trak instruments were positioned on the back seat of the probe vehicle with inlet tubes
231 connected to the front seat driver-side and passenger-side headrests. These were chosen to approximate
232 the breathing position of vehicle occupants. For outside-vehicle UFP levels, an inlet tube was also fed
233 outside of the sealed passenger-side window. Outside-vehicle concentrations were collected on the last
234 three study days. When outside-vehicle concentrations were collected, the inside-vehicle P-Trak
235 instrument measured passenger-side concentrations only.

236 Traffic and Roadway Data

237 Traffic data were obtained from the Portland Oregon Regional Transportation Archive Listing
238 (PORTAL- at www.portal.its.pdx.edu), an archive of transportation data from the Portland-Vancouver
239 metropolitan region. The traffic data were collected by inductive dual-loop detectors with an average
240 spacing of 0.76 miles. Vehicle count and time-mean speed at 20-second intervals were obtained from
241 PORTAL for all study days. The traffic data were matched to the probe vehicle's temporal and spatial
242 position using the in-vehicle GPS data.

243 The study corridor, OR-217, is a freeway located about 5 miles west of the Portland, Oregon
244 central business district. The speed limit is 55mph and the freeway has 2-3 lanes in each of the NB and
245 SB directions. This freeway had AADT of approximately 100,000 in 2010, with weekday (non-holiday)
246 two-way daily traffic volumes ranging from 95,000 to 107,000 vehicles per day during the months when
247 data were collected. Weekend two-way daily traffic volumes ranged from 59,000 to 92,000 vehicles per
248 day during these months. The daily volumes on the data collection days are included in Table 1. The road
249 grades on the corridor range from 0.2% to 6.2% (positive or negative depending on the direction of
250 travel). These grades were calculated as the average slope between crest and sag vertical curves, with
251 average spacing of 0.43 miles.

252 From the measured traffic speed, v , in miles per hour (mph) and traffic flow volume, q , in
253 vehicles per hour per lane (veh/hr/ln), traffic density, k , in vehicles per lane-mile (veh/ln-mi) is calculated
254 as $k=q/v$ [37]. Density was not calculated for aggregate average traffic speeds below 7 mph. Level of
255 Service (LOS) is calculated based on traffic density thresholds from the Highway Capacity Manual [38].
256 LOS is an indicator of traffic congestion level, ranging from free-flow conditions (LOS A) to heavy
257 congestion (LOS F).

258 Regional Meteorology and Air Quality Data

259 Meteorology and air quality data were gathered as indicators of the broad weather and
260 background pollution conditions during the study days. Meteorological data (temperature, pressure,
261 humidity, rainfall, and wind) were collected from a permanent weather station approximately 3 miles east
262 of the study corridor. The data were obtained through MADIS (Meteorological Assimilation Data Ingest
263 System) – part of the National Weather Service. Weather measurements were made at approximately 10
264 minute intervals throughout the study days. Average temperature, wind, relative humidity, and rainfall
265 during the data collection times are shown in Table 1.

266 Daily particulate air quality data were obtained from the U.S. Environmental Protection Agency's
267 AirData website (<http://epa.gov/airdata/>). These data were collected at a permanent air quality monitoring
268 station just 1 mile west of the study corridor. The particulate data collected were 24-hour average
269 $PM_{2.5}$ and AQI. The AQI is a standardized indicator of air quality, relative to the National Ambient Air
270 Quality Standards (NAAQS). An AQI below 100 indicates concentrations below the NAAQS.

271 Hour-by-hour air quality data for other pollutants were obtained through the Horizons website
272 (<http://horizons.pdx.edu> [39]). These data were collected at a permanent air quality station operated by the
273 Oregon Department of Environmental Quality. The station is located approximately 9 miles east of the
274 study corridor. Average concentrations of ozone, nitrogen oxides, and carbon monoxide during the data
275 collection periods are included in Table 1. These average air quality data are intended to serve not as
276 background concentrations, but as indicators of general air quality during the data collection days.

277 Data from all of the above sources were pulled together and matched based on time stamps and
278 physical location (where appropriate). The joined data were validated using reasonableness checks. Most
279 of the analysis was carried out at 20 second aggregation, matching the resolution of the traffic data. At

280 this aggregation, around 2,800 data points were available for analysis (depending on the variables of
281 interest, because of missing data). The next section presents the results of the data analysis and a
282 discussion of the findings.

283 **RESULTS**

284 This section describes results from analysis of the UFP dataset. We first present an overview of
285 the data, then discuss the relationships between study variables and the measured UFP concentrations
286 inside and outside of the probe vehicle. At 20-second aggregation, the range of observed UFP
287 concentrations inside the vehicle is wide: from 993 pt/cc to 435,250 pt/cc. The passenger-side and driver-
288 side UFP concentrations show good agreement when measured concurrently, with a correlation
289 coefficient of 0.996. The in-vehicle and outside-vehicle UFP concentrations are less strongly correlated,
290 with a correlation coefficient of 0.575. The mean and median passenger-side in-vehicle concentrations are
291 25,871 pt/cc and 17,628 pt/cc, respectively, with the windows down, and 11,176 pt/cc and 8,661 pt/cc,
292 respectively, with the windows up.

293 **Extreme-Concentration Episodes**

294 There were five observed extreme-concentration episodes with sustained concentrations over
295 100,000 pt/cc for duration of more than 1 minute (and even reaching the detection limit of 500,000 pt/cc
296 for the second-by-second data). By consulting the video data, an analysis of these periods reveals an
297 individual suspected high-emitting vehicle closely ahead of the probe vehicle during each of these
298 episodes. Suspected high-emitting vehicles are subjectively identified as those with visible emissions
299 (smoke) from the tailpipe, those whose presence correlated with observed foul odors during data
300 collection, and any other heavy-duty vehicles. Three of the suspected high-emitting vehicles are heavy
301 trucks, one is a large passenger pickup truck, and one is a late-model sedan.

302 Admittedly, the suspected high-emitting vehicle identification process is subjective – but direct
303 measurement of emissions from these vehicles was not possible during our data collection effort. The
304 temporal and spatial correlation of the presence of one of these vehicles with high exposure
305 concentrations makes their emissions a plausible explanation for the high-concentration episodes. A
306 similar effect has been found in previous research efforts [20].

307 If, indeed, it is individual high-emitting vehicles causing these extreme concentrations, then the
308 heterogeneity of the vehicle fleet is a key factor in varying on-road UFP exposure levels. Measurement of
309 the contribution of individual vehicles to total roadway UFP concentrations is left to future research
310 efforts. In order to look at more generalized traffic relationships with UFP concentrations, time periods
311 with these suspected high-emitting vehicles present are excluded from most of the following analysis. The
312 5 episodes were each 2-7 minutes in length, resulting in 80 time periods (at 20-second aggregation)
313 identified as having suspected high emitting vehicles. These 80 time periods – 2.85% of the total – are
314 excluded from all but the Analysis of Covariance in the following traffic analysis.

315 **Traffic Conditions and Exposure Concentrations**

316 We next look at relationships between traffic conditions and UFP concentrations. Table 2 shows
317 the number of aggregated observations broken down by traffic Level of Service (LOS) and ventilation
318 conditions. LOS is an indicator of traffic congestion level, calculated from vehicle density as described
319 above. LOS F is the heaviest congestion, while LOS A is the lightest.

Table 2. Number of 20-second Observations by Freeway LOS and Probe Vehicle Ventilation Condition

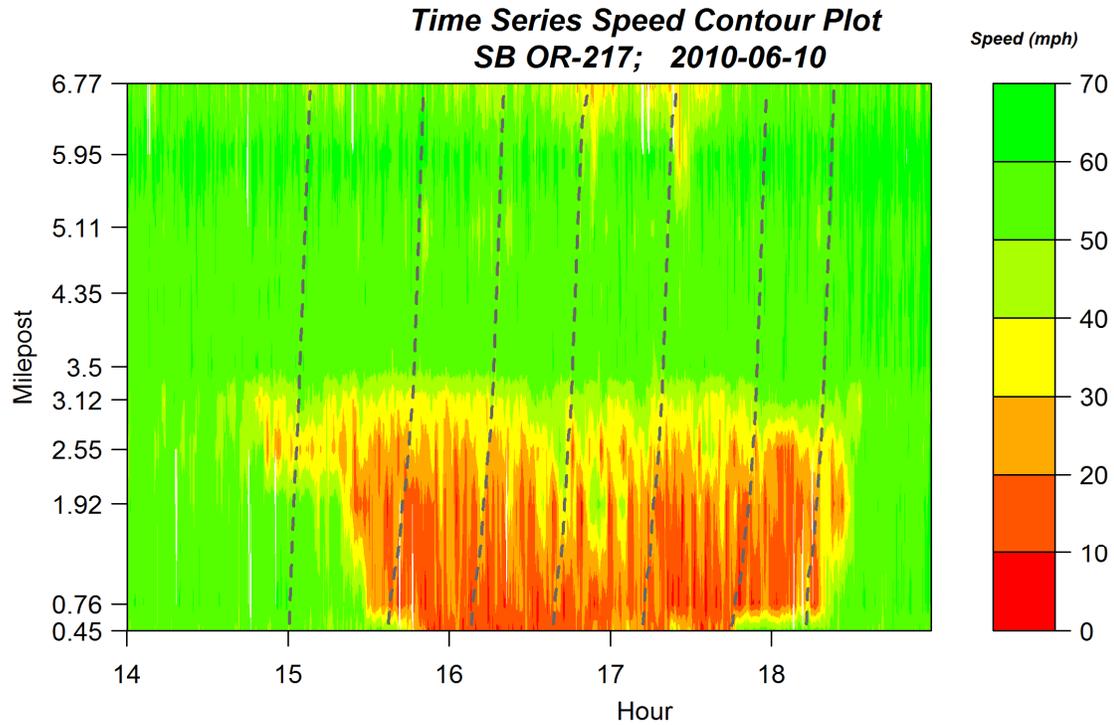
<u>Ventilation Conditions</u>	<u>Level of Service (LOS)</u>						Total
	A	B	C	D	E	F	
Windows down, Vent open, A/C off	2	49	152	297	196	525	1,221
Windows down, Vent closed, A/C off	0	1	8	36	26	41	112
Windows up, Vent open, A/C off	23	81	120	158	130	193	705
Windows up, Vent closed, A/C off	14	59	116	115	47	110	461
Windows up, Vent closed, A/C on	1	2	23	69	46	153	294
Total	40	192	419	675	445	1,022	2,793

320

321 Figure 1(a) sets the probe vehicle data into context by overlaying probe vehicle trajectories and
 322 roadway-based traffic speeds on the space-time plane (for southbound trips on June 10th). The colored
 323 shadings show the 20-second aggregated traffic speeds based on PORTAL loop detector data
 324 (interpolated between detector locations) – white indicates missing data. The dashed lines trace the probe
 325 vehicle trajectory as it traverses the corridor.

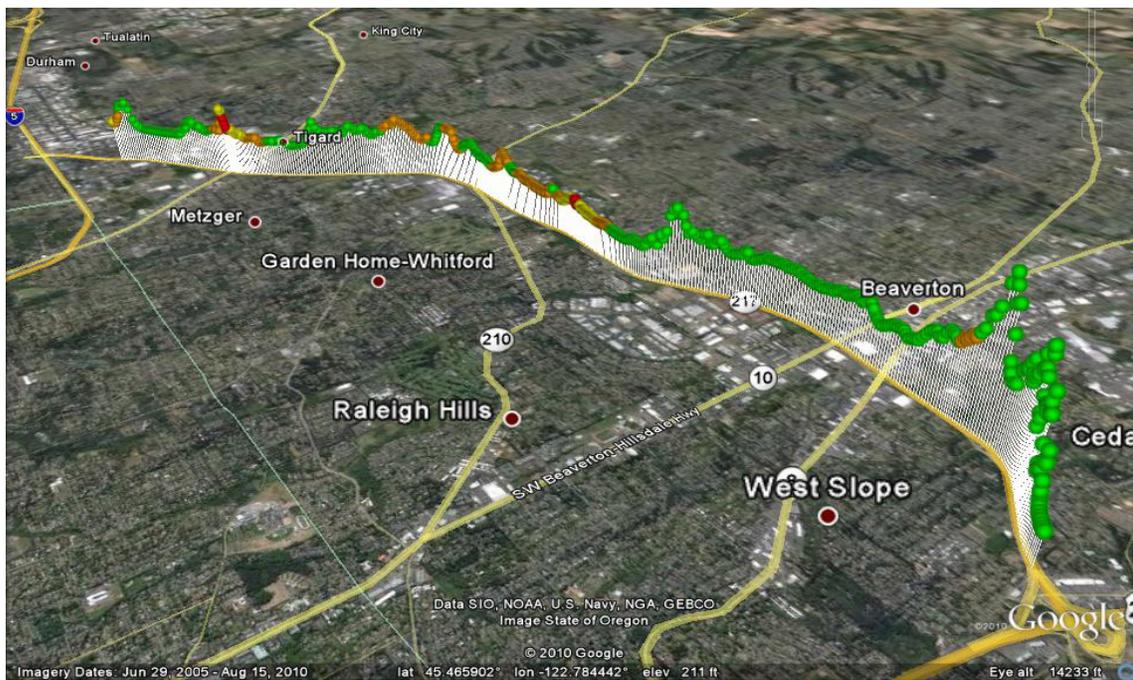
326 Figure 1(b) illustrates combined UFP and speed data from a sample probe vehicle trip – this is the
 327 6th trip on September 2nd, a northbound trip with the windows down, the vent open, and the A/C off. The
 328 vehicle traveled from left to right in the figure. The probe vehicle speed is indicated by the marker color -
 329 with a scale as shown in Figure 1(a) - and the passenger-side UFP concentration is indicated by the height
 330 of the markers. In this sample trip, we see that higher concentrations are not aligned with the slower-
 331 speed periods.

332 The lack of correlation between UFP concentration and traffic or vehicle speed is consistent
 333 across trips. A comparison of measured UFP concentrations to several traffic variables reveals no clear
 334 relationship. Neither in-vehicle nor outside-vehicle UFP concentrations correlate with traffic volume,
 335 density, or speed (as measured by PORTAL or the probe vehicle): all have correlation coefficients
 336 between -0.07 and 0.07.



337

(a)



338

(b)

Figure 1. (a) Sample probe vehicle trips as dashed lines and traffic speeds as colors on the space-time plane and (b) a data collection trip with speed represented as color and in-vehicle UFP concentration as height (map image from Google Earth)

342

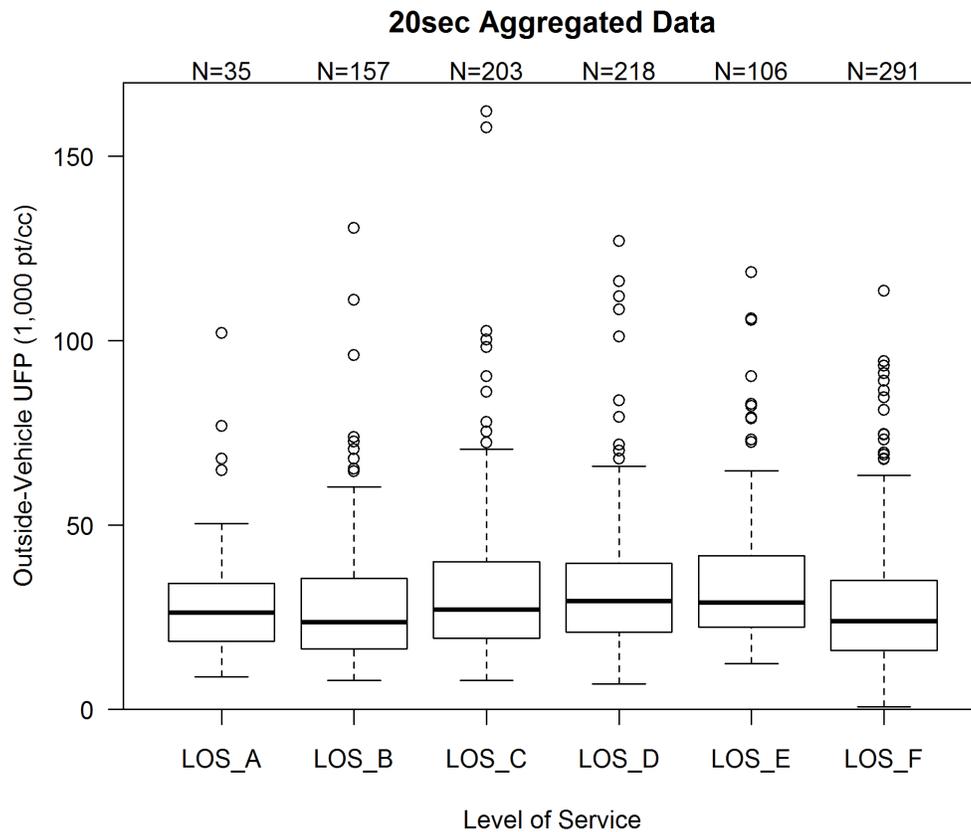
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344

Figure 2 shows boxplots of outside-vehicle UFP concentrations segmented by traffic LOS, with suspected high-emitting vehicle episodes excluded. The boxplots show the range, upper/lower quartiles, and median observed values, with statistical outliers as circles. Figure 2 also includes the number of 20-

345 second aggregation intervals included in the plot for each LOS (as “N”) – note that outside-vehicle
 346 concentration data were not collected during all time periods.

347 As can be seen in Figure 2, outside-vehicle concentrations do not notably trend up or down with
 348 LOS. Using a non-parametric Wilcoxon signed-rank test to compare each LOS in Figure 2 with its
 349 neighbors, only the LOS E versus LOS F comparison is statistically significantly different at $p=0.01$.
 350 Observe that here the difference is *lower* concentrations at the heavier congestion level – and that the
 351 difference in means is small compared to the range of concentrations observed. The same lack of
 352 relationship is observed in similar comparisons using traffic speed and volume (excluded for brevity).



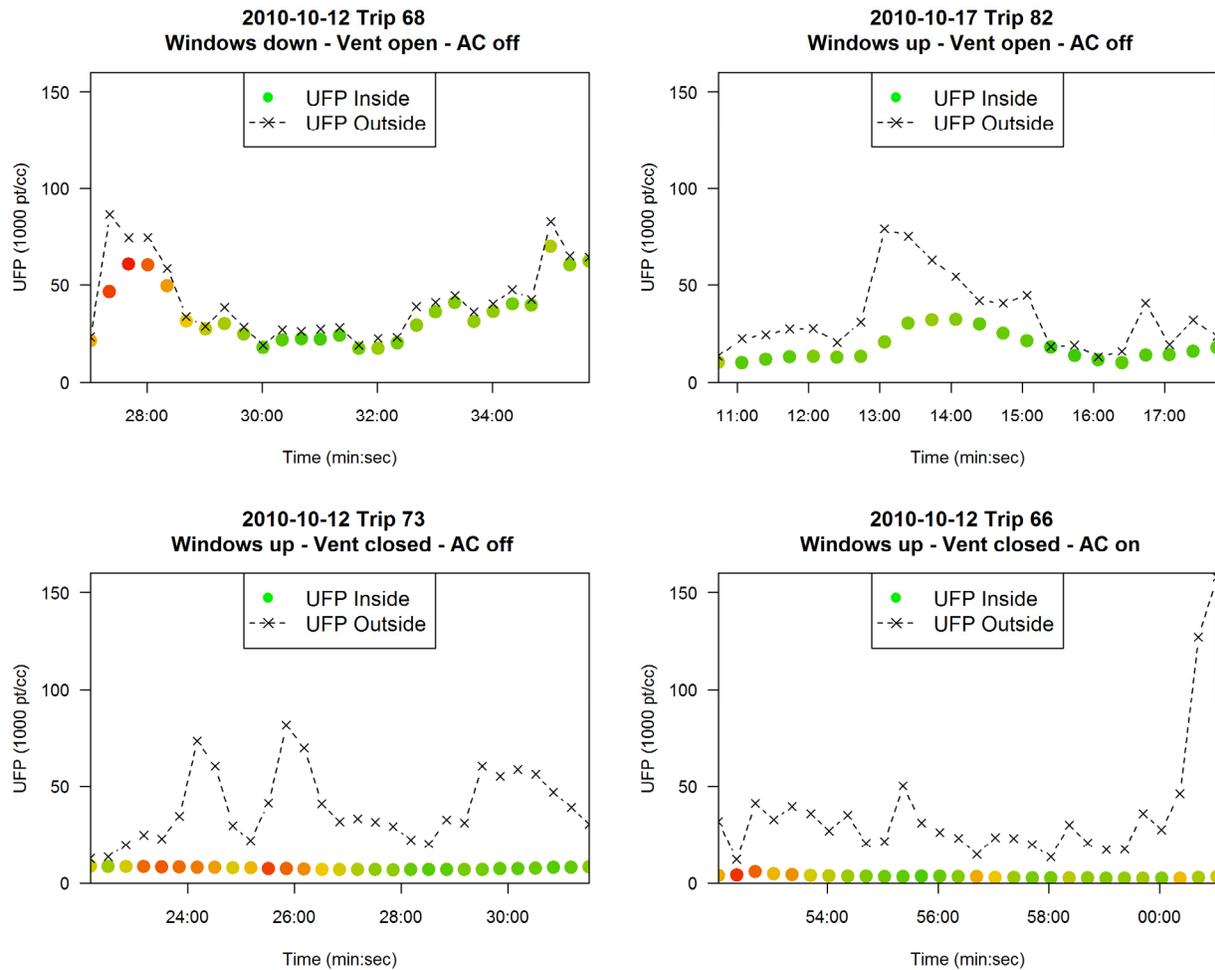
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354 **Figure 2. Comparisons of traffic LOS and outside-vehicle UFP concentrations**
 355 **(suspected high emitting vehicle episodes excluded)**

356 Vehicle Ventilation and Exposure Concentrations

357 In addition to varying traffic conditions, the vehicle ventilation conditions were varied during
 358 data collection. Figure 3 illustrates the observed effects of ventilation conditions on in-vehicle UFP
 359 concentrations. In Figure 3, data from 4 sample trips with varying ventilation are shown: in-vehicle UFP,
 360 outside-vehicle UFP, and probe vehicle speed (as the color of the circles, with a scale as shown in Figure
 361 1) at 20 second aggregations. On the top left, the trip with the most ventilation (windows down, vent
 362 open) had the most agreement between in-vehicle and outside-vehicle concentrations. On the top right, we
 363 see that rolling up the windows (but leaving the vent open) reduced the in-vehicle concentration
 364 compared to the outside-vehicle concentrations, but that the two still generally moved together. The
 365 bottom two panels in Figure 3 show that with the windows up and the vent closed, in-vehicle UFP

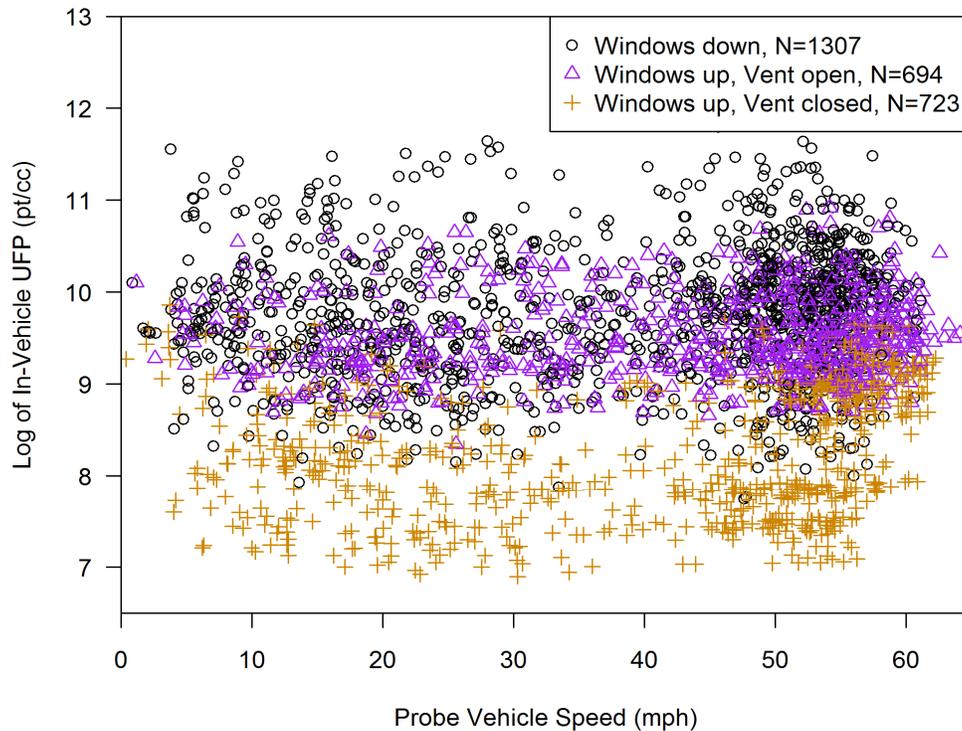
366 concentrations are unresponsive to outside-vehicle concentrations. Furthermore, when the A/C is “on” the
 367 in-vehicle UFP concentrations are slightly lower.



368

369 **Figure 3. UFP concentrations from sample trips for different ventilation conditions**

370 Combining the traffic and UFP data with ventilation conditions, Figure 4 shows log-transformed
 371 in-vehicle UFP concentrations versus probe vehicle speed segmented by ventilation condition at 20-
 372 second aggregations (excluding suspected high-emitting vehicle episodes). The windows “up” condition
 373 has lower in-vehicle concentrations, which are further lowered when the vents are closed. The effect
 374 holds across the range of observed speeds, with the possible exception of very low-speed conditions
 375 (below 5 mph), of which there are few observations at this aggregation. In agreement with the previous
 376 analysis of outside-vehicle concentrations, the in-vehicle concentrations do not trend with speed.



377

378 **Figure 4. Log-transformed 20-second UFP concentrations versus speed, by ventilation conditions**
 379 **(suspected high emitting vehicle episodes excluded)**

380 The vehicle ventilation condition also affects the concentration variability, in addition to the mean
 381 values. Looking at longer intervals, Figure 5 shows boxplots of UFP peaking at 1-minute aggregations
 382 (calculated as the 90th percentile concentration divided by the mean concentration for the time interval).
 383 The figure is segmented with the first three boxplots showing in-vehicle UFP peaking for different
 384 vehicle ventilation conditions and the fourth boxplot showing outside-vehicle UFP peaking. The outside-
 385 vehicle UFP peaking is the highest, and similar to the in-vehicle UFP peaking with the windows down.
 386 The in-vehicle UFP peaking with the windows up is much lower, and lower still when the vents are
 387 closed. Again using a non-parametric Wilcoxon signed-rank test to compare the peaking distributions, all
 388 conditions are statistically significantly different at $p=0.01$. Rolling up the windows and closing the vents
 389 has a damping effect on the UFP concentrations, in addition to the mean-reducing effect shown in Figure
 390 4.

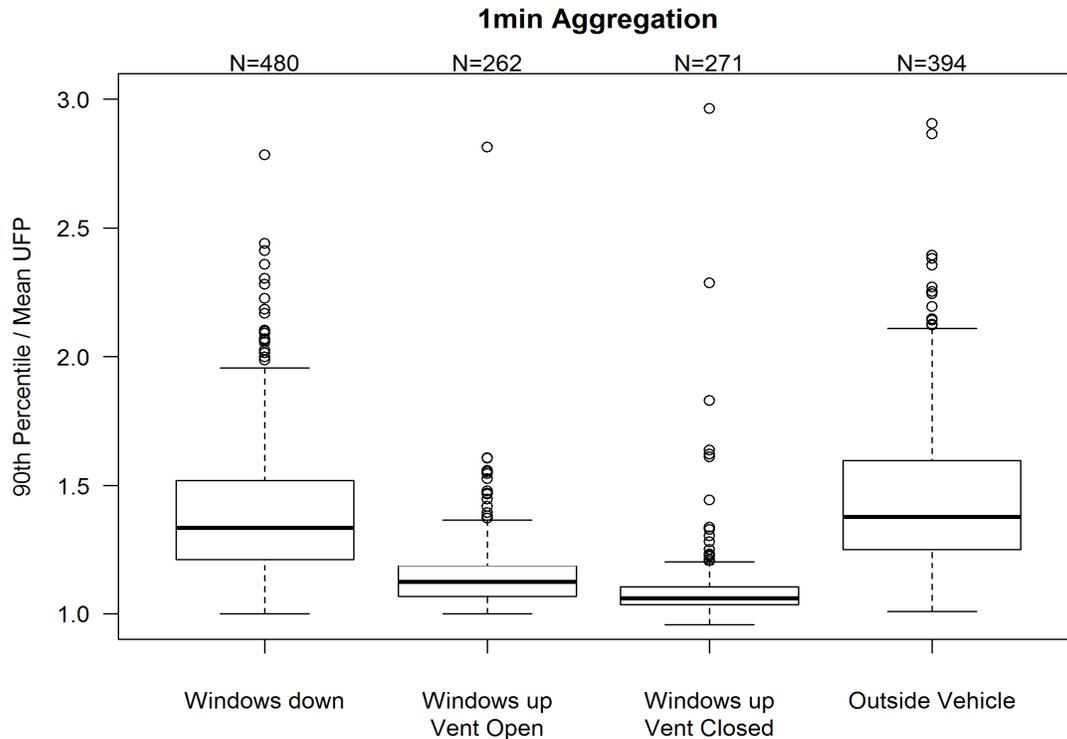


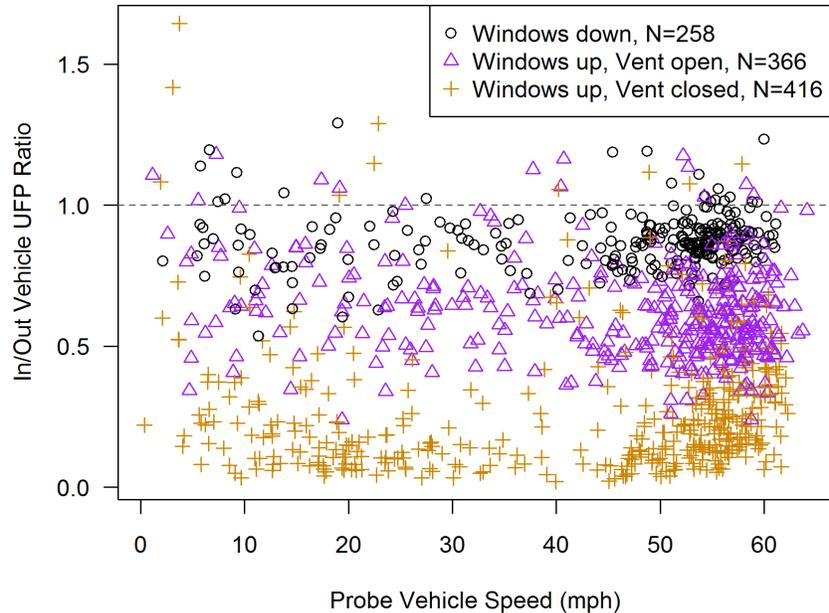
Figure 5. UFP concentration peaking and ventilation conditions

391

392 **In/Out-Vehicle Concentration Comparison**

393 We next compare the in-vehicle to outside-vehicle UFP concentrations for different ventilation
 394 conditions. Figure 6 shows the ratio of in-vehicle to outside-vehicle UFP concentrations versus probe
 395 vehicle speed at 20-second aggregations, segmented by vehicle ventilation. Again, suspected high-
 396 emitting vehicle episodes are excluded. A value of one indicates equal concentrations inside and outside
 397 of the vehicle. As can be expected from preceding results, closing the windows and vents shields the
 398 inside of the vehicle from elevated outside-vehicle concentrations. The effect holds at varying vehicle
 399 speeds. Even with the windows down, the vehicle shell provides some protection from outside-vehicle
 400 UFP concentrations (the in/out vehicle UFP ratio is mostly below one).

401 All ventilation conditions had some observations with in/out UFP ratios above one, indicating
 402 higher in-vehicle concentrations than outside-vehicle concentrations. This is more likely due to time
 403 series effects (lags in concentration spikes) than to inside-vehicle sources of UFP (see [17]). A few
 404 observations show much higher in-vehicle concentrations than outside-vehicle concentrations (for speeds
 405 below 5 mph with the windows and vents closed). These observations could be indicative of low
 406 ventilation conditions that prevent clearing of UFP that previously entered the vehicle cabin. There could
 407 also be vehicle proximity effects in low-speed queues, where inter-vehicle spacing is smaller. A thorough
 408 investigation of UFP penetration of vehicle cabins in low-speed queues is left as a topic for future
 409 research.



410

Figure 6. In/out-vehicle UFP concentration ratios versus speed at 20-second aggregation (suspected high emitting vehicle episodes excluded)

411 Regressing in-vehicle concentrations on out-vehicle concentrations by ventilation type produces
 412 variable coefficients of 0.822, 0.360, and 0.036 for Windows down, Windows up-Vent open, and
 413 Windows up-Vent closed conditions, respectively (all statistically significant at $p=0.01$). This indicates
 414 that in-vehicle concentrations increase at about 82% of the increase in outside-vehicle concentrations with
 415 the windows down. With the windows up, in-vehicle concentrations increase at 36% of the increase in
 416 outside-vehicle concentrations with the vents open and 4% of the increase in outside-vehicle
 417 concentrations with the vents closed.

418 In order to test the possibility of intrusion of UFP from probe vehicle emissions into the vehicle
 419 cabin, in-vehicle UFP were measured with the engine off and on (idling) at a location away from other
 420 motor vehicle activity (at a probe vehicle speed of zero). No observable change in UFP concentrations
 421 was observed with the engine idling as compared to off, indicating that the role of the probe vehicle's
 422 emissions in influencing in-vehicle exposure concentrations is likely small for this study. This issue,
 423 however, is left as a topic for future research on varying vehicle types.

424 Analysis of Covariance

425 As a final analysis step we perform an analysis of covariance with in-vehicle passenger-side UFP
 426 concentrations as the dependent variable. The UFP concentrations are log-transformed because of their
 427 strong positive skew. The independent variables are Date (dummy), presence of a suspected high-emitting
 428 vehicle (dummy), relative humidity at stationary weather station (%), road grade (%), ventilation
 429 conditions (4-factor dummy: windows down, windows up-vent open, windows up-vent closed-A/C off,
 430 and windows up-vent closed-A/C on), and one of three traffic variables (traffic volume in vehicles per
 431 hour, traffic density in vehicles per lane-mile, or probe vehicle speed in miles per hour). Statistical
 432 significance is accepted at $p=0.01$. Only one weather variable was selected because of relationships with
 433 other weather variables. Similarly, only one traffic variable at a time is used because of fundamental
 434 traffic flow relationships (see [37]).

435 Analysis of covariance results are shown in Table 3 for three different models (each using a
 436 different traffic variable). The top part of Table 3 shows the change in sum of square error (SS) that
 437 results from dropping each variable from the model, and the F statistic associated with dropping the
 438 model variable. Statistical significance of the F statistics is indicated by the number of stars, with p-values
 439 indicated in the bottom of the table. The bottom part of Table 3 shows the estimated coefficients
 440 associated with the analysis of covariance, along with t statistics and an associated statistical significance
 441 (again, see the p-values at the bottom of the table).

Table 3. Analysis of Covariance

	Df	SS	F		SS	F		SS	F	
Date	5	246.7	121.0	***	251.2	123.4	***	251.7	125.5	***
Suspected High Emitter	1	272.3	667.9	***	267.3	656.5	***	269.5	671.9	***
Humidity (%)	1	5.1	12.4	***	4.9	12.0	***	4.0	9.9	**
Grade (%)	1	1.3	3.1	*	1.8	4.5	*	2.9	7.3	**
Ventilation	3	952.8	778.9	***	952.1	779.4	***	965.0	802.1	***
Volume (veh/hr)	1	0.4	0.9	.	-	-		-	-	
Speed (mph)	1	-	-		1.9	4.7	*	-	-	
Density (veh/ln-mi)	1	-	-		-	-		3.7	9.2	**
Residual SS ^a	2791	1038.0			1136.5			1106.0		
Total SS ^a		2569.5			2569.5			2550.9		

^a 33 observations excluded from the third model (due to missing traffic density data)

	Coef.	t		Coef.	t		Coef.	t	
Constant	8.951	48.7	***	9.076	52.6	***	8.981	52.3	***
Date									
2010-08-31	0.091	2.1	*	0.083	2.0	*	0.086	2.1	*
2010-09-02	0.332	2.8	**	0.337	2.8	**	0.309	2.6	**
2010-09-07	0.402	6.5	***	0.406	6.7	***	0.393	6.5	***
2010-10-12	1.038	14.2	***	1.045	14.4	***	1.030	14.2	***
2010-10-17	0.794	8.5	***	0.808	8.9	***	0.799	8.8	***
Suspected High Emitter	1.913	25.8	***	1.901	25.6	***	1.909	25.9	***
Relative Humidity (%)	0.006	3.5	***	0.006	3.5	***	0.005	3.1	**
Grade (%)	0.010	1.8	.	0.012	2.1	*	0.015	2.7	**
Ventilation									
windows up, vent open, A/C off	-0.401	-10.2	***	-0.404	-10.3	***	-0.398	-10.1	***
windows up, vent closed, A/C off	-1.302	-34.3	***	-1.299	-34.3	***	-1.309	-34.7	***
windows up, vent closed, A/C on	-2.125	-39.5	***	-2.144	-39.3	***	-2.166	-40.0	***
Volume (veh/hr)	0.00001	0.9		-	-		-	-	
Speed (mph)	-	-		-0.00177	-2.2	*	-	-	
Density (veh/ln-mi)	-	-		-	-		0.00171	3.0	**
Adjusted R ²	0.555			0.556			0.565		

. = p<0.1, * = p<0.05, **=p<0.01, *** = p<0.001

443 The results shown in Table 3 are consistent with the preceding analysis. Ventilation is the most
444 important factor, explaining about 37% of the null deviance. Date and Suspected high-emitting vehicle
445 are the next most important factors, explaining 10-11% of the null deviance, each. All three variables are
446 highly significant. Humidity, Grade, and all three traffic variables have much lower explanatory power,
447 with a change in sum of square error of less than 1% associated with their presence in the model. Thus,
448 while the variables are statistically significant, they have a small impact on expected UFP concentrations.

449 The coefficient estimates in Table 3 are in line with expectations. High-emitting vehicles are
450 associated with a large increase in UFP concentrations, as are certain data collection days. UFP
451 concentrations are increasingly reduced by rolling up the windows, closing the vents, and turning on the
452 A/C. Grade and Humidity are each associated with small increases in in-vehicle UFP concentrations. The
453 traffic variables have small impacts on UFP concentrations as well. Concentrations are expected to
454 increase slightly with traffic volume and density, but decrease slightly with speed.

455 At the observed traffic volumes of 1,000 to 5,000 veh/hr, the impact of varying traffic volumes on
456 UFP concentrations is expected to be small (less than 4%). Similarly, a 10 mph increase in speeds is
457 associated with about a 2% reduction in UFP concentrations. Over a range of density from 10 to 100
458 veh/ln-mi, UFP concentrations are expected to change by about 15%. Thus, density is the most significant
459 traffic variable (though still much smaller than other factors such as date, ventilation, and suspected high-
460 emitting vehicles).

461 The Date dummy variable is intended to capture multiple exogenous influences such as probe
462 vehicle, weather-based dispersion effects, and background concentrations. The last two dates had the
463 highest associated base UFP concentrations and the first two the lowest. This trend is partially reflected in
464 the daily background PM_{2.5} concentrations (see Table 1). The daily weather variables are correlated, so it
465 is possible that the influences of changing wind, temperature, and rain conditions on UFP concentrations
466 are reflected in the Humidity variable rather than the Date variable.

467

468 CONCLUSIONS

469 This paper presents results from an empirical study of in-vehicle exposure to ultrafine particulate
470 matter for motorists in freeway traffic. The objective is to empirically test relationships between traffic
471 characteristics and UFP exposure concentrations. Although recent research has shown that traffic
472 congestion has a relatively low impact on total emissions [40], the results presented in this research are
473 even clearer: in terms of in-vehicle UFP exposure and concentrations, traffic variables have little impact.
474 Comparing among traffic variables, density is the more significant, while traffic volume is not significant
475 and vehicle speed is somewhat significant. This suggests that the influence of traffic congestion on UFP
476 exposure concentrations is primarily through an increase in the proximity of motorists to vehicle
477 emissions sources, rather than through increased vehicle emissions.

478 The results of statistical tests and analysis presented in this paper show that the vehicle shell is the
479 most important factor for in-vehicle UFP exposure concentrations. Closing the external air intake vent is
480 more than twice as effective as rolling up the windows alone. These barriers reduce both mean
481 concentrations and short-duration high-concentration spikes (though the health implications of this are not
482 yet known). Turning on the A/C appears to further reduce in-vehicle UFP concentrations, possibly by
483 accelerating the agglomeration process.

484 Although it could not be measured, qualitative analysis suggests that heterogeneity in the vehicle
485 fleet is the other major factor influencing variations in exposure concentrations. The presence of
486 individual suspected high-emitting vehicles correlated with extremely high excursions in exposure

487 concentrations. This has several implications. The first is that on-road air pollution exposure modeling
488 can only estimate highly aggregate exposure levels unless fleet heterogeneity is modeled. Second, in
489 support of the findings above related to traffic density, fleet heterogeneity means that inter-vehicle
490 spacing is an important consideration for exposure concentrations of short-lived air pollutants such as
491 UFP. Finally, in terms of mitigation strategies, targeting individual high-emitting vehicles could be more
492 effective than general congestion relief or traffic flow improvements for reducing on-road UFP exposure.

493 To the best of our knowledge, this is the first study that combines UFP in-vehicle exposure
494 measurements with simultaneous detailed traffic data. As such, there are still many aspects that require
495 further study. Future research efforts should address the potential impacts of a few high-emitting vehicles
496 on total motorist exposure, the penetration of UFP into a vehicle cabin for different vehicles and driving
497 conditions, and the effect of vehicle proximity on UFP concentrations in low-speed queues. Also, plans
498 are currently underway to conduct a similar study on an urban arterial roadway.

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